



Family **F.I.G.H.T.** Program

Family Integration & Getting Home Together!

Military Family Life Support Group

Have you recently served overseas in the Armed Forces? Are you not the person you were prior to your deployment? Are you frustrated with your relationship, your family, your life...yourself?

Or maybe you are a loved-one of a recent military service member wondering what to do? Wondering how this will affect your military family? What will the effects be down the road? What can you do now?

Have you addressed your unique needs as a whole military family - together?

As a military service member you fought for your country. Now, on the home front, you may be asking, ***“What is worth fighting for now?”*** While support is available for service members at homecoming we understand that support for the entire military family can sometimes be difficult to find. That is why we offer support for all military members and their families.

The Family Center offers service support groups in an informal, relaxed, confidential atmosphere to explore, confront, and fight for the family you love and the life you deserve. Come join other military members, military spouses, and children of military veterans in order to discover the fight worth fighting in your life.

Please join us! All ranks and services - whether active duty, National Guard, or Reserves - are welcome to attend. Military members and their family can come alone or as a group. We understand that military service presents unique challenges for the military service member, their children, and their spouse during and after deployment.

WHAT: Support Group for OEF/OIF Military Families

WHEN: Wednesday at 6:00pm

WHERE: The Family Center
Peer-to-Peer Military Family Support Group
1419 Hancock St #200
Quincy, MA 02169

COST: Free

For more information, additional locations and availability:

Call: (508) 822-4247 or email: veteran@voamass.org