

MINUTES

April 11, 2018

Council on Aging Triad and SALT Council

230 Webster St.

Marshfield, Ma 02050

ATTENDANCE: Lou Cipullo, Marilee Comerford, Christina Fitzgerald, Katie Dahlen, Maria Do Canto, Nancy Goodwin, Carol Hamilton, Becky Lee, Megan Stewart and Kerry Yetman.

CALL TO ORDER: The meeting was called to order at 12:33 pm.

APPROVAL OF MINUTES: The minutes of the February 14, 2018 meeting were approved. Motion made by Nancy and seconded by Maria. Vote unanimous.

DISCUSSION:

Marilee Commerford, Activities Coordinator for the Council on Aging gave an update on the health fair. The health fair will be held on Tuesday May 8th. Marilee has had confirmation from numerous vendors and the requests are still coming in. She hopes to confirm 30 to 40 vendors. Only a couple of screening clinics have been confirmed thus far. The group discussed this and had suggestions on possible screenings. The NVNA does bone density so Carol will call them to coordinate this clinic. The idea of a skin cancer screening is always appealing but the Melanoma Foundation cannot spare the manpower to come for the screening. Someone mentioned a dermatologist from East Bridgewater but they were not certain of the contact information. Megan suggested we skip this year for the PAD screening since we just did it last year. Others screenings scheduled are glucose and blood pressure checks. We would also like to offer eye and ear checks but there is nothing definitive. Balance screenings by a physical therapist are also a possibility.

The Sheriff's Department is planning their spring fling event and the date is May 12th. This event is for everyone and attracts a large group of people. The event provides a mother's day plant sale, a petting zoo, a reptile exhibit, hayrides, a k-9 booth and more.

The staff from the D. A. office mentioned the walk for elder abuse awareness on June 21, 2018. The walk will take place in Plymouth. There will be a proclamation, dignitaries and the color purple that signifies elder abuse awareness. There is also an upcoming 5 K road race / walk on April 29 2018 that is a fundraiser for the Meals on Wheels program.

The Council on Aging conducted a successful fire drill schedule in coordination with the Fire Department. There will be an additional drill in October which will coincide with Fire Safety month. The student intern from Bridgewater University, Katie Dahlen gave a report of her activities. Katie is working on implementing the Friendly Visitor Program and has made several outreach efforts to promote the program. This will be Katie's last meeting as she will be graduating in May.

The Council on Aging is currently offering a "Savvy Caregiver Series" for six weeks in collaboration with South Shore Elder Services to support and train family members caring for their loved one. The sessions started March 28th and will run through May 9th from 5:30 to 7:30 pm.

The following schedule was presented to the SALT Council.

2018 Triad Schedule

January - 10 - Hypnotism

February - 14 - Laugh Therapy

March - 14 - Lyme Disease - (cancelled and rescheduled due to weather)

April - 11 - National Health Care Decisions Week with Meg Payne Cape Cod VNA

May - 9 (Health Fair on Tuesday, May 8th no regular meeting)

June - 13 Lyme and Tic Disease

July - 11

August – 8 - No Meeting due to summer break

September - 12

October - 10 Fire Department National Fire Safety Month (tentative)

November - 14

December - 12 – No Meeting due to Holiday

NEXT MEETING: There will be no meeting in May due to the Health Fair. The next meeting is scheduled for Wednesday, June 13, 2018 @ 12:30 for SALT and @ 1:00 for Triad.

ADJOURNMENT: The meeting was adjourned at 1:00 PM and the SALT Council joined the Triad Group for a talk on Health Care Decisions with the Cape Cod VNA.

Respectfully Submitted,

Carol Hamilton, Director
Council on Aging

