

## **MINUTES**

January 10, 2018

Council on Aging Triad and SALT Council

230 Webster St.

Marshfield, Ma 02050

**ATTENDANCE:** Katie Dahlen, Maria Do Canto, Christina Fitzgerald, Carol Hamilton, Becky Lee and Kerry Yetman.

**CALL TO ORDER:** The meeting was called to order at 12:30 pm.

**APPROVAL OF MINUTES:** The minutes of the October 11, 2017 meeting were approved. Motion made by Becky and seconded by Kerry. Vote unanimous.

**DISCUSSION:** This meeting of Triad was shorter than normal due to space limitations at the Senior Center. The MCOA is pursuing national accreditation and has a review team at the Senior Center today that requires additional space. Carol discussed the 2018 schedule with the SALT Council. Thus far only January and February have been filled. Meanwhile, other inquiries have been put out for additional programs for March and beyond. The group discussed the programs available at the sheriff's department which might be scheduled at a future date. The Council on Aging will offer a fall prevention program at the Senior Center in collaboration with the Norwell VNA. The South Shore VNA was not able to attend the meeting today but will be contacted to assist with potential programming. The NVNA's Ann Marie Powers had offered to attend future Triad meetings. Christina announced that there is a hoarding program being offered by Old Colony Elder Services. There will be three sessions made available and tailored to consumers. Christina will send out the information and check on the location.

The following schedule was presented to the SALT Council.

### **2018 Triad Schedule**

January - 10 - Hypnotism

February - 14 - Laugh Therapy

March - 14

April - 11

May - 9 (Health Fair on Tuesday, May 8<sup>th</sup> no regular meeting)

June - 13

July - 11

August – 8 - No Meeting due to summer break

September - 12

October - 10

November - 14

December - 12 – No Meeting due to Holiday

**NEXT MEETING:** The next meeting is scheduled for Wednesday, February 14, 2018 @ 12:30 for SALT and @ 1:00 for Triad.

**ADJOURNMENT:** The meeting was adjourned at 12:50 PM and the SALT Council joined the Triad Group for a presentation on the benefits of hypnotism.

Respectfully Submitted,

Carol Hamilton, Director  
Council on Aging