

MINUTES

July 13, 2016

Council on Aging Triad and SALT Council

230 Webster St. Marshfield, Ma 02050

ATTENDANCE: Carol Hamilton, Becky Lee, Megan Stewart, and Kerry Yetman.

CALL TO ORDER: The meeting was called to order at 12:40 pm.

APPROVAL OF MINUTES: The minutes of the June 8, 2016 were approved. Motion made by Becky and seconded by Kerry. Motion passes.

DISCUSSION: The group talked about emergencies. The Are You Okay program is now called Safety Assurance due to the use of a different computer program. The Safety Assurance Program is not as well utilized as it should be. Some people use Safety Assurance in conjunction with a Lifeline Program. The plus about Safety Assurance is that it is free of charge. A person can choose any time the early part of the day for a phone call that works for them. Adjustments in the schedule can also be accommodated if a person has an appointment or is away. It is hard to understand why people have a resistance to trying the program, as it is preventative measure. The idea of offering a trial run or incentive of some type was talked about as a possible marketing tool.

Megan Steward, Community Outreach Liaison, South Shore Hospital is working with Carol on a potential presentation in October for COPD program. The committee felt this would be of interest to many older people who suffer from this condition. Megan explained that there are many practical strategies for managing the disease. The disease affects 24 million people in the U.S. The presentation would cover facts, signs, symptoms, and managing the condition.

Ideas still pending for Triad are; Public Forum Day, Emergency Devices, Nutritional Eye Health, Stroke Prevention, Defibrillator CPR Course and housing information.

August 10, 2016 – No Meeting Summer Break

September 14, 2016 – TBA – Osteoporosis with Jim O'Neil

October 12, 2016 – Potential COPD presentation

November 9, 2016 – D.A.'s Office and their role as a prosecutors

December 14, 2016 – no meeting

ANNOUNCEMENTS: There is a safe driving course being offered again through AARP on August 15, 2016 from 9:45 to 3:00 at the Senior Center. A meeting has been set up through the Marshfield Board of Health on Lyme Disease. It will be held on Wednesday, August 3, 2016 @ 7:00 pm. The beginning of the program will cover Ticks and Prevention and then "Todd Ellerin, M.D., Director of Infectious Disease, South Shore Hospital will speak on the Diagnosis, Treatment and Prevention of Tick-borne Illness.

NEXT MEETING: The next meeting is scheduled for Wednesday, September 14,, 2016 at 12:30 for SALT and Triad at 1:00.

ADJOURNMENT: The meeting was adjourned at 1:00 PM and the SALT Council joined the Triad Group for a session on a video presentation by Beacon Hospice entitled "Being Mortal".

Respectfully Submitted,

Carol Hamilton, Director
Council on Aging

