

MINUTES

June 8, 2016

Council on Aging Triad and SALT Council

230 Webster St. Marshfield, Ma 02050

ATTENDANCE: Kristina Fitzgerald, Carol Hamilton, Becky Lee, Officer Luchetti, Officer Arthur Shaw, Megan Stewart, Michelle Trepanier and Kerry Yetman.

CALL TO ORDER: The meeting was called to order at 12:37 pm.

APPROVAL OF MINUTES: The minutes of the April 13, 2016 were approved. Motion made by Becky and seconded by Michelle. Motion passes.

The Committee discussed the Health Fair held in May. There were about 107 participants that signed in, but it seemed to some that there was less traffic then the previous year. The workshops were well attended. We ran short of lunches for one of the groups that came out of their workshops. Next year we are going to order more lunches and number the tickets. We will need a ticket taker in the lunch room to assist the nutrition site manager.

The group also discussed the issue of "active shooter" emergencies that will be presented at 1:00 pm to a group of patrons. There are many different types of targets such as places of business which are considered "soft targets". The police department is working on developing the active shooter protocol in order to educate the schools, town departments and other groups about these types of emergencies. They continue to develop strategies to help victims cope with these situations. An active shooter situation typically only lasts a few minutes so timing is key. The police will talk to people today about how to best protect themselves from harm such as knowing where the exits are and locking or barricading a door with whatever you can. The newest thought is to run, hide, or fight. Each location and each emergency is a little bit different in how one would react.

Ideas still pending for Triad are; Public Forum Day, Emergency Devices, Nutritional Eye Health, Stroke Prevention, Defibrillator CPR Course and housing information.

July 13, 2016 – "Being Mortal" by Beacon Hospice

August 10, 2016 – No Meeting Summer Break

September 14, 2016 – TBA – Osteoporosis with Jim O'Neil

October 12, 2016 - TBA

November 9, 2016 – D.A.'s Office and their role as a prosecutors

December 14, 2016 – no meeting

ANNOUNCEMENTS: There is a safe driving course being offered again through AARP on August 15, 2016 from 9:45 to 3:00 at the Senior Center.

NEXT MEETING: The next meeting is scheduled for Wednesday, July 13, 2016 at 12:30 for SALT and Triad at 1:00.

ADJOURNMENT: The meeting was adjourned at 1:02 PM and the SALT Council joined the Triad Group for a session on the Active Shooter with the Marshfield Police Department.

Respectfully Submitted,

Carol Hamilton, Director
Council on Aging

