

## **MINUTES**

March 9, 2016

Council on Aging Triad and SALT Council

230 Webster St. Marshfield, Ma 02050

**ATTENDANCE:** Kristina Fitzgerald, Carol Hamilton, Becky Lee, Officer Arthur Shaw, Meghan Stewart, and Michelle Trepanier.

**CALL TO ORDER:** The meeting was called to order at 12:35 pm.

**APPROVAL OF MINUTES:** The minutes of the February 10, 2016 were approved. Motion made by Michelle and seconded by Becky. Motion passes.

**DISCUSSION:** Officer Arthur Shaw is a new member of Triad representing the Police Department. He plans to do the Active Shooter Program in June. The group introduced themselves and their various affiliations to Officer Shaw. The Group had a robust discussion for potential programming. The NVNA and South Shore VNA offer their services for the Health Fair. There are three workshops planned; The Mind Body Connection, Probiotics, and the Aging Ear. A save the date e-mail blast will go out soon and the registration forms will be sent out at least a month before the Fair. The donation will probably be the same as last year.

January 13<sup>th</sup> - Aromatherapy with Carol Corlo, Old Colony Hospice (need final confirmation)

February 10 – Commonwealth of Ma office of Consumer Affairs presents; “shopping rights” confirmed

March 9 – Women’s health on Urology with Dr. Nick Morse. (Confirmed)

April 13 – Waquas Bhutta, Education Coordinator for the Poison Control and Prevention Center (confirmed)

May 11 - Health Fair Hours - 10-12:30

June 8 – Active Shooter Training Program with Art Shaw of Marshfield Police.

July 13, 2016 – “Being Mortal” by Beacon Hospice

August 10, 2016 – No Meeting Summer Break

September 14, 2016 – TBA

October 12, 2016 - TBA

November 9, 2016 – TBA

December 14, 2016 – no meeting

Additional ideas include Ideas; Public Forum Day, Emergency Devices, Nutritional Eye Health, Stroke Prevention, DA’s Office, Defibrillator CPR Course and housing information.

**NEXT MEETING:** The next meeting is scheduled for Wednesday, April 13, 2016 at 12:30 for SALT and Triad at 1:00.

**ADJOURNMENT:** The meeting was adjourned at 1:02 PM and the SALT Council joined the Triad Group for a session on Urology with Dr. Nick Morse.

Respectfully Submitted,

Carol Hamilton, Director  
Council on Aging

