

## **MINUTES**

**January 13, 2016**

Council on Aging Triad and SALT Council  
230 Webster St. Marshfield, Ma 02050

**ATTENDANCE:** Nancy Goodwin, Carol Hamilton, Becky Lee, and Michelle Trepanier.

**CALL TO ORDER:** The meeting was called to order at 12:32 pm.

**APPROVAL OF MINUTES:** The minutes of the October 14, 2015 were approved. Motion made by Nancy and seconded by Becky. Motion passes.

**DISCUSSION:** Michelle brought in some information about the NVNA's Hospice House. The House is at capacity at this time. Michelle also discussed palliative care and hospice care in various settings. There are different eligibility criteria for each of the two programs. The Marshfield Council on Aging recently took a group to tour the new Hospice Facility in Hingham. There was a question about where to turn for psychiatric care in the community. It seems as though this is very difficult to access. A Visiting Nurse Agency would have to have a certified psychiatric nurse on staff in order to provide this specialized treatment.

January 13<sup>th</sup> - Aromatherapy with Carol Corlo, Old Colony Hospice (need final confirmation)

February 10 – Commonwealth of Ma office of Consumer Affairs presents; "shopping rights" confirmed

March 9 – Women's health on Urology with Dr. Nick Morse. (Confirmed)

April 13 – Waquas Bhutta, Education Coordinator for the Poison Control and Prevention Center (confirmed)

May 11 - Health Fair? Hours - 10-12:30

June 8 – Active Shooter Training Program with Art Shaw of Marshfield Police.

Carol is in the process of setting up a presentation and separate training for the Active Shooter Program. The program would be adapted to the older population and physical surroundings. The active shooter training is periodically offered in the schools by the Marshfield police department.

It was decided that we would just check the date of May 11, 2016 out for the Health Fair with the Duxbury COA and Sheriff's Office to make sure that there is not a conflicting date. We think that Duxbury may have held their fair in June of last year. We believe morning hours may work best and then serve lunch at the end of the Fair so that people stay. Workshops will have to be set up and we ideally would like to put something in our March newsletter about the event if we can confirm the date and time.

Becky reported that another community is conducting a survey about programs offered by Triad. She will share this survey and perhaps bring it next time.

Additional ideas include Ideas; Public Forum Day, Stroke Prevention, Defibrillator and CPR Course and housing information.

**NEXT MEETING:** The next meeting is scheduled for Wednesday, February 10, 2016 at 12:30 for SALT and Triad at 1:00.

**ADJOURNMENT:** The meeting was adjourned at 1:05 PM and the SALT Council joined the Triad Group for a session on Aromatherapy.

Respectfully Submitted,

Carol Hamilton, Director  
Council on Aging

