

MINUTES

October 14, 2015

Council on Aging Triad and SALT Council
230 Webster St. Marshfield, Ma 02050

ATTENDANCE: Christina Fitzgerald, Carol Hamilton, Chief Bill Hocking, Becky Lee, and Kerry Yetman.

CALL TO ORDER: The meeting was called to order at 12:40 pm.

APPROVAL OF MINUTES: The minutes of the September 9, 2015 were approved. Motion made by Kerry and seconded by Becky. Motion passes.

DISCUSSION: Christina brought 2 stacks of the File of Life's from the District Attorney's office and more have been ordered for future needs. The Fire Department has also ordered a large amount of the Files of Life for anyone who needs one. Chief Hocking said that it is a great help to Fireman when the Files are filled out. It helps direct them to pertinent information in the time of an emergency. Some housing complexes make certain that their tenants have the Files of Life. Perhaps we can do some outreach with the Senior Housing Complexes in giving out Files to those that do not have them. The Fire Department is willing to do a defibrillator training and CPR course for people that need certification at the Senior Center.

The SALT Council talked about homelessness emergencies. Marshfield has had their share of homeless clients that are elderly due in part to a lack of available and affordable housing for low income people. Becky talked about the Plymouth Networking Group that Liisa Budge Johnson belongs to. They have emergency resources that could be helpful in some situations. Another concern is elder abuse which sometimes ties into emergency situations. Terry Kortz from Old Colony Elder Services is interested in participating in Triad and talked to Christina Fitzgerald about attending in the future. Carol will send out an agenda to Terry for January. The Norwell NVNA has also not attended recently but we hope they can attend future meetings as their input is valued. The SALT Council and Triad will not meet until next January due to the holidays.

The Triad schedule and speakers are being worked on for 2016. Tentative plans include; January 13th - Aromatherapy with Carol Corlo, Old Colony Hospice (need final confirmation) February 10 – Women's Health on Urology with Dr. Nick Morse SSH (need final confirmation could be Feb or March) March 9 – Zoe MacLaren – Yoga / Meditation (need to confirm either March or June) April 13 – Waquaas Bhutta, Education Coordinator for the Poison Control and Prevention Center (confirmed) , May 11 - Health Fair? June 8 – Monarch Homes – Understanding Memory Loss – Know the Signs – Some Strategies (to be confirmed) July 13 TBA. August 10 – No meeting September 14, TBA, October 12, TBA November 9 TBA, December 14 – No meeting.

NEXT MEETING: The next meeting is scheduled for Wednesday, January 13, 2015 at 12:30 for SALT and Triad at 1:00.

ADJOURNMENT: The meeting was adjourned at 12:55 PM and the SALT Council joined the Triad Group for a session on Self Defense.

Respectfully Submitted,

Carol Hamilton, Director
Council on Aging