

MINUTES

February 14, 2018

Council on Aging Triad and SALT Council

230 Webster St.

Marshfield, Ma 02050

ATTENDANCE: Lou Cipullo, Katie Dahlen, Maria Do Canto, Nancy Goodwin, Carol Hamilton, Becky Lee and Kerry Yetman.

CALL TO ORDER: The meeting was called to order at 12:35 pm.

APPROVAL OF MINUTES: The minutes of the January 10, 2018 meeting were approved. Motion made by Nancy and seconded by Becky. Vote unanimous.

DISCUSSION: The Sheriff's Department is planning their spring fling event and the tentative date is May 12th. This event is for everyone and attracts a large group of people. The event provides a mother's day plant sale, a petting zoo, a reptile exhibit, hayrides, a k-9 booth and more.

The Council on Aging is coordinating a fire drill schedule with the Fire Department. There will be one in the spring and one in October which will coincide with Fire Safety month.

The subject of hoarding was brought up as there was a recent report of a potential problem. This affects the resources of public safety. The Old Colony Elder Services is providing workshops for hoarders in Brockton and Plymouth. The SALT Council talked about concern over whether or not hoarders would actually attend the sessions. It is a complex problem with many aspects to consider. There was an article in the ledger about a homeowner in Hingham that had a hoarding issue which highlighted many important aspects of the problem. There is also a television show that presents various case studies on hoarding. The SALT council thought that perhaps we could offer a program on hoarding for professionals and families. Perhaps we could include a therapist, a representative from Old Colony Elder Services and a professional company that provides a clean-up service. A video showing a real example would also be helpful.

The Council on Aging will be providing a "Savvy Caregiver Series" for six weeks in collaboration with South Shore Elder Services. It will last six sessions and will offer training and support to family members caring for their loved one. The sessions will start on Wednesdays, March 28th through May 2nd from 5:30 to 7:30

The following schedule was presented to the SALT Council.

2018 Triad Schedule

January - 10 - Hypnotism

February - 14 - Laugh Therapy

March - 14 - Lyme Disease

April - 11 - National Health Care Decisions Week with Meg Payne Cape Cod VNA

May - 9 (Health Fair on Tuesday, May 8th no regular meeting)

June - 13

July - 11

August – 8 - No Meeting due to summer break

September - 12

October - 10 Fire Department National Fire Safety Month (tentative)

November - 14

December - 12 – No Meeting due to Holiday

NEXT MEETING: The next meeting is scheduled for Wednesday, March 14, 2018 @ 12:30 for SALT and @ 1:00 for Triad.

ADJOURNMENT: The meeting was adjourned at 12:58 PM and the SALT Council joined the Triad Group for a presentation on the benefits laughter.

Respectfully Submitted,

Carol Hamilton, Director
Council on Aging