

MINUTES

March 13, 2019

Council on Aging Triad and SALT Council

230 Webster St.

Marshfield, Ma 02050

ATTENDANCE: Maria Do Canto, Marilee Comerford, Christina Fitzgerald, Nancy Carol Hamilton, Anne Marie Powers and Kerry Yetman.

CALL TO ORDER: The meeting was called to order at 12:33 pm.

APPROVAL OF MINUTES: The minutes of February 13, 2019 meeting were approved. Motion made by Kerry and seconded by Maria. Motion passes.

DISCUSSION: Marilee Comerford discussed the health fair scheduled for May 14th. She sent out a save the date e-mail to all of the previous vendors on the list a couple of months ago. She will send out application forms for all participants to fill out sometime this week. Marilee asked the group about screening clinics and wants to make sure we have a good assortment of health screenings for the Fair. Carol discussed workshops and some of the suggestions were: self-defense, journaling, Cannibus, Pickleball rediness, and treating the mind and body. The COA staff is working on this and hopes to put together an itinerary of workshops for the April Link.

The Lakeville COA offered a hearing screening that perhaps we could replicate. Christina will look into who provided that service. Previously the Lions Club had provided screenings. Kerry announced that the Sheriff's Department will offer "Farm Day" on May 11th at 10:00 am. The COA could put a blurb in the May newsletter.

Maria brought in a flyer from the Lakeville COA entitled first responders. It was set up as a coffer with all of the first responder groups such as police, fire, EMS, the Sheriff's Department and District Attorney Tim Cruz attending the event. The SALT Council members felt it was a good opportunity to mingle and ask questions. The Marshfield COA could do something similar in our area. The Lakeville Senior Center also hosts a pancake breakfast which many seniors attend.

Anne Marie Powers brought up an event being held for the 14th Annual Educational Conference and Caregiver Day of the Alzheimer's Partnership and the Alzheimer's Association. It will be hosted by Welch Senior Living, Oak Point and the NVNA and Hospice on April 24 from 8:30 to 3:00. Anne Marie passed out a brochure with a program agenda. There will be speakers, a caregiver panel and exhibits. People can sign up by filling out the registration form.

Triad Dates for 2019

January 9 - Elena Schepis Tzeng on Hearing Aids

February 13 - Using Cannabis as Medicine by the Alternative Compassion Services Inc.

March 13 - Michelle Ellicks- Registry on new License etc.

April 10 - Sheriff's Department on Romance Scams
May 14 - Annual Health Fair (no Salt of Triad Meeting)
June 12 - Blake Dinnius will speak about ticks.
July 10 -
August 14 - No meeting
September 11 -
October 9 -
November 13 -
December 11 - no meeting

NEXT MEETING: The next meeting is scheduled for Wednesday, April 17, 2019 @ 12:30 for SALT and @ 1:00 pm for Triad.

ADJOURNMENT: The meeting was adjourned at 1:05 PM and the SALT Council joined the Triad Group for presentation on "The Real ID" with Michelle Ellicks from the Registry of Motor Vehicles.

Respectfully Submitted,

Carol Hamilton

Council on Aging