

## **MINUTES**

**June 12, 2019**

Council on Aging Triad and SALT Council  
230 Webster St.  
Marshfield, Ma 02050

**ATTENDANCE:** Christina Fitzgerald, Nancy Goodwin, Carol Hamilton, Becky Lee and Lori Sullivan.

**CALL TO ORDER:** The meeting was called to order at 12:35 pm.

**APPROVAL OF MINUTES:** The minutes of April 10, 2019 meeting were approved. Motion made by Becky and seconded by Nancy. Motion passes.

### **DISCUSSION:**

The Health Fair event was successful with about 133 people attending. It was a few less than the previous year. The Committee commented that there seemed to be good traffic in the vendor areas. The screening clinics are very popular and a big draw for participants. The workshops had good attendance with at least 15 people attending on average. The Fall Prevention Workshop was one of the best attended as seniors are concerned about falls and want to learn about prevention techniques. As a result we will be offering a fall prevention exercise class starting July 8<sup>th</sup> with an exercise physiologist.

Becky and Lori remarked that the Annual Triad Cookout on June 7<sup>th</sup> by the Sheriff's Department was a big success and over 120 people attending on a picture perfect weather day.

The Council on Aging has posted scam alerts around the building, as many seniors have received solicitation calls. The COA staff refers seniors to the local police. The Federal Communication Commission and the Attorney General's Office are also resources where people can report scams.

The Legislature has been working on a bill to reduce Robo calls to consumers. This would be accomplished through a mechanism that the phone companies have available. This Robo bill has been approved through the senate. If there is final approval of the bill it would eliminate many of the ROBO calls. Companies violating the law would be subject to a penalty.

Hoarding was a topic that was discussed and is a big safety concern. It is a very complicated problem that requires specialized resources. The D.A.'s office, public safety, Council's on Aging and ASAP's are impacted by elders who hoard. It was suggested that perhaps we look into a speaker for the fall to talk about various aspects of Hoarding. Terry Kourtz from Old Colony Elder Services would be a good place to start. There may also be video that we could show to demonstrate the problem.

### **Triad Dates for 2019**

January 9 - Elena Schepis Tzeng on Hearing Aids

February 13 - Using Cannabis as Medicine by the Alternative Compassion Services Inc.

March 13 - Michelle Ellicks- Registry on new License etc.

April 10 - Sheriff's Department on Romance Scams

May 14 - Annual Health Fair (no Salt of Triad Meeting)

June 12 -Blake Dinnius will speak about ticks via the Board of Health.

July 10 - Norwell VNA discussing Osteoporosis and Eating for Healthy Bones

August 14 - **No meeting**

September 11 -

October 9 -

November 13 -

December 11 - **No meeting**

**NEXT MEETING:** The next meeting is scheduled for Wednesday, July 10<sup>th</sup> @ 12:30 for SALT and @ 1:00 pm for Triad.

**ADJOURNMENT:** The meeting was adjourned at 1:03 PM and the SALT Council joined the Triad Group for a presentation on Ticks with Blake Dinnius, Entomologist.

Respectfully Submitted,

Carol Hamilton

Council on Aging