

MINUTES

July 10, 2019

Council on Aging Triad and SALT Council
230 Webster St.
Marshfield, Ma 02050

ATTENDANCE: Doreen Coggeshall, Maria Do Canto, Christina Fitzgerald, Nancy Goodwin, Carol Hamilton, Becky Lee, Anne Marie Powers and Lori Sullivan.

CALL TO ORDER: The meeting was called to order at 12:38 pm.

APPROVAL OF MINUTES: The minutes of June 12, 2019 meeting were approved. Motion made by Nancy Goodwin and seconded by Anne Marie Powers. Motion passes.

DISCUSSION: A member mentioned that there is a ribbon cutting ceremony at the Duxbury COA. Anne Marie Powers arranged for this Osteoporosis Session for today. Lori Sullivan and Becky Lee have made arrangements with Dick Sullivan to come out and speak at the Men's breakfast on September 27th. The topic presented will be on scams. At the last meeting Carol inquired about an emergency sticker to indicate medical incapacity or medical need at the home of an elder. Becky researched the question and sent out information about programs that existed in other communities. This will be passed onto the consumer. If any elderly person is on oxygen for instance they can notify their power company in advance so that there is a higher priority to get turned back on in the event of a power shortage.

The Marshfield COA along with other area COA's are working on becoming more inclusive to different elders in the community. Marshfield has held one LGBT event and other COA's in the area such as Duxbury have also held this type of event. Recently there was a joint LGBT event with OCES, Middleboro, Duxbury, and Hanover COA's that had 60 people in attendance. The issues of discrimination and bullying around the LGBT population are areas of concern for all ages.

There was a recent patriot ledger article reporting a property dispute between governmental agencies threatening to shut down popular attractions at the Plymouth County Farm. Attorneys for the Plymouth County commissioners have served a cease and desist notice against the Plymouth County Sheriff's Department, prohibiting all public access to the farm on Obery Street as of the end of June. The order would effectively shut down the popular farm stand and petting zoo that Sheriff Joseph McDonald operates as an extension of his program at the nearby Plymouth County Correctional Facility on Long Pond Road. The Sheriff's Department has been operating a farm on the property for more than a century. This would have an impact on the staff, inmates and the residents in the community.

Potential future topics are hoarding, bullying and doctor talks. Doreen will look into possible physicians to speak at future meetings. All the slots have been filled for the 2019 Triad meetings.

Triad Dates for 2019

January 9 - Elena Schepis Tzeng on Hearing Aids

February 13 - Using Cannabis as Medicine by the Alternative Compassion Services Inc.

March 13 - Michelle Ellicks- Registry on new License etc.

April 10 - Sheriff's Department on Romance Scams

May 14 - Annual Health Fair (no Salt of Triad Meeting)

June 12 -Blake Dinnius will speak about ticks via the Board of Health.

July 10 - Norwell VNA discussing Osteoporosis and Eating for Healthy Bones

August 14 - **No meeting**

September 11 - Online Safety, Identity Fraud and Scams- Office of Consumer Affairs

October 9 - Homeopathic Healing -

November 13 - Shopping Rights - Office of Consumer Affairs

December 11 - **No meeting**

NEXT MEETING: The next meeting is scheduled for Wednesday, September 11, 2019 @ 12:30 for SALT and @ 1:00 pm for Triad.

ADJOURNMENT: The meeting was adjourned at 1:00 PM and the SALT Council joined the Triad Group for a presentation on Osteoporosis and Eating for Healthy Bones.

Respectfully Submitted,

Carol Hamilton

Council on Aging