

## **COUNCIL ON AGING BOARD OF DIRECTORS MEETING**

February 19, 2020

### **ATTENDANCE:**

PRESENT: Sheila Gagnon, Maureen Saunders, Marcy Amore, Carol Hamilton, Maureen Rosenberg, Barbara Van Houten, Bill Scott

ABSENT: Martine Anderson (vacation), Fred Monaco (medical appointment), David Cheney (vacation)

GUEST: Susan Almendinger (Boosters)

QUORUM: A quorum was present.

CALL TO ORDER: Meeting was called to order at 3:35 PM.

APPROVAL OF MINUTES: Sheila moved to approve the minutes of the January 15<sup>th</sup> meeting. Maureen S. seconded. Motion passed.

### **LIASON REPORTS**

#### Boosters:

Bill reported on the Boosters January 27<sup>th</sup> meeting. Their year-end report indicated that the Boosters gave grants totaling \$13 thousand to the COA for the Volunteer Luncheon, Build a Better Marshfield, an overhead mirror table and several other important items. 2019 fund-raising was supported by several events with the largest two being a membership drive and the holiday Craft Fair. The Boosters also voted to donate to the Directors Fund again and dementia friendly efforts in 2020. They are planning a Pickle Ball tournament on May 15<sup>th</sup> at the Boys and Girls Club and will hold another St. Patrick's Day Pot of Gold lottery ticket raffle in March. Two new members were voted to the Board of Directors.

#### Old Colony Elder Services:

Maureen S. reported that the Mass Health Buy-in Program has been expanded to provide extra help for Medicare Part D. \$10 million was given to Mass Home Care provider agencies for direct care workers. Shine workers will now automatically enroll eligible One Care clients (who may later opt out). Veterans eligible for the VIP program, run by the VA with services provided by Old Colony, may apply through the Brockton or Bedford VA hospitals. Some COA's are providing lock boxes for clients' doors to provide easier access for emergency services. Applications are now available for Plymouth Networking Groups grants of \$500 for organizations and \$300 for individuals.

#### Old Colony Planning Council:

Carol reported that there will be an advisory meeting on February 27<sup>th</sup> at 1:30 held at the Pembroke COA to meet the new Executive Director, Mary Waldron.

### **COMMITTEE REPORTS:**

#### ACCREDITATION:

Carol provided an update on ad hoc Celebration Committee ideas thus far. Food decisions are pending. Mocktails and heavy apps from Roche Bros are one possibility.

#### AGE, DEMENTIA FRIENDLY COMMITTEE:

Maureen S. reported that the committee first met on January 30<sup>th</sup>. Marilee described the Marshfield Age Friendly designation that is a multi-year initiative and now established at the COA. The AARP has developed a program called Livable Communities based on 8 domains: Outdoor Parks and Public Spaces, Transportation, Housing, Social Participation, Respect and Inclusion, Work and Civic Engagement, Communications and Information, Community and Health Services. Committee members will consider priorities and possible next steps for next meeting on May 7<sup>th</sup> at 10:00 AM.

#### BUDGET/STAFFING/FISCAL MANAGEMENT:

No meeting.

#### GOVERNANCE:

Bill reported that the first 2020 meeting will be scheduled for early spring.

#### GROUNDS:

"We are Marshfield", the annual all-town cleanup has been scheduled for May 1<sup>st</sup>. High School kids will be coming, as they have done in previous years, to help clean up the Senior Center grounds.

#### EVALUATION:

No meeting. The next meeting will be held on March 4<sup>th</sup> at 9:00 AM.

#### MARKETING, OUTREACH and TECHNOLOGY:

Barbara reported on the committee meetings held February 1<sup>st</sup> and 13<sup>th</sup>. The October 22<sup>nd</sup> quarterly plan was reviewed. Next steps will be updating the plan and setting priorities. A priority is to make the COA more visible in the community including updating the COA brochure to include new programming which will be an insert in the Link. The Board reviewed the January 22<sup>nd</sup> Marketing Plan.

#### PROJECT DEVELOPMENT:

- *CPC Project Update:*  
Sheila expressed her concern regarding adequate parking. Carol is pursuing going out to bid for outdoor recreation.
- *Expansion Project Update:*  
Carol reported that the Project Manager has been chosen, the RFP for an architect will go out very soon and the RFP for a construction contractor should go out in September. There is a lot still to be done before ground is broken in late fall. There is a 12-14 month time frame for construction which brings the project end to mid-2022.

#### STRATEGIC PLANNING:

The Strategic Plan updated on January 14<sup>th</sup> was distributed to the Board members for review.

#### DIRECTOR'S REPORT:

- 1) Offering a presentation this Thursday Feb 20<sup>th</sup> 1:00 on Health Care Options with BC/B/S, Medicare ABC, Medigap and Medicare advantage plans and Part D prescription.
- 2) Income tax preparation is underway, appointments are filling up quickly but openings are still available. The program runs through April 15<sup>th</sup> and is available at the Senior Center on Monday and Wednesdays.

- 3) Senior Tax Relief Program is underway - 36 applicants have been assigned to various departments. More applications are coming in. Participants have been notified that their apps have been sent to the designated departments and that they have to fill out new w-4 forms at the payroll.
- 4) Absentee Ballot Voting with the town clerk's office on Friday, February 21<sup>st</sup>.
- 5) We are kicking off our new author series on Monday March 23<sup>rd</sup> from 4-6 pm Ken Brack will discuss the book "Especially for you" it is about overcoming loss but with uplifting stories! Light supper.
- 6) Still pursuing going out to bid for outdoor recreation, left an e-mail and a voice message for Pat Brennan.
- 7) Boosters have a St. Pat's raffle and will be working on a Pickleball Social on May 15, 2020 for fundraisers.
- 8) We are working on the Lifelong Learning Insert for March. The kickoff is April 14<sup>th</sup>. We should be mailing out the Link on Friday and the committee has put together a robust list of programs again this spring. We are also hoping to put together a mini summer Lifelong Learning Program called "Summer Camp". There will be art and other recreational activities offered for the summer.
- 9) We received a grant from the Cultural Council for \$650 for a performance with the Delvena Theatre; the information will be in the March newsletter.
- 10) The health fair date is Tuesday, May 12<sup>th</sup> @ 9:30. We are will start to work on the vendors and workshops soon. Judy and Marilee will work on vendors and I will put together the workshops.
- 11) The new Brainpower workout program prior to lunch seems to be going very well. Marilee is pleased with the response and hoping more people eventually participate.
- 12) We have 3 candidates for the Social Day Care Coordinator and will schedule interviews.
- 13) We submitted a grant with the town grant writer to Eversource for \$1500 to fund Social Day Care.
- 14) We are working with Duxbury on the LGBT Gay Pride Event with several other communities. There is an LGBT author talk and dinner on March 19<sup>th</sup> at the Duxbury COA advertised in the Link.
- 15) We have a couple of trips planned one on March 25 BPL and then the Dunbar Tea Room on April 23 thus far.
- 16) Seaside Gardeners are coming on March 16<sup>th</sup> at 1:00 for a St. Pat's Flower Arranging.
- 17) Eversource is coming March 11<sup>th</sup> for Triad and we are also working on to "go bags" for emergencies. This will be a summer project.

**VOTES TAKEN:**

None

**NEXT MEETING:**

The next Board Meeting will take place on March 18<sup>th</sup> at 3:30 PM.

**ADJOURNMENT:** Maureen S. moved to adjourn. Barbara seconded. The meeting was adjourned at 5:05 PM.

Respectfully submitted,

**Marcy G. Amore**

Marcy G. Amore,  
COA Board Secretary