## **MINUTES**

September 9, 2015, Council on Aging Triad and SALT Council 230 Webster St. Marshfield, Ma 02050

**ATTENDANCE:** Nancy Goodwin, Christina Fitzgerald, Carol Hamilton, Becky Lee, and Kerry Yetman.

**CALL TO ORDER:** The meeting was called to order at 12:40 pm.

**APPROVAL OF MINUTES:** The minutes of the July 8, 2015 were approved. Motion made by Nancy and seconded by Kristina. Motion passes.

**DISCUSSION**: We have filled the schedule through 2015, as there will be no meetings in November and December due to the holiday. We have a representative and specialist from Eastern Bank today doing a video presentation on various types of Bank Fraud. The next meeting as mentioned before is on self-defense and it is called D.Y.A.T. A which stands for "Defend Yourself Against the Aggressor". We will contact the police and members of SALT to set up a forum sometime in 2016. We hope this will assist us in coming up with some topics that the community are concerned about and perhaps hadn't thought of.

One idea for the future might be a program on fostering pets. We also talked about the opium problem and the recent community vigil. There are many elders that are grandparents who are affected by families who have opium problems. Some have custody of grandchildren and are raising them. Drug awareness for those grandparents would be a very important topic to discuss for a Triad meeting. A list was passed out of 2015 topics and the scheduled Triad and SALT dates for 2016.

**NEXT MEETING:** The next meeting is scheduled for October 14, 2015 at 12:30 for SALT and Triad at 1:00.

**ADJOURNMENT:** The meeting was adjourned at 1:10 PM and the SALT Council joined the Triad Group for a presentation on Bank Fraud.

Respectfully Submitted,

Carol Hamilton, Director Council on Aging