

MINUTES

January 14, 2015

Council on Aging Triad and SALT Council

230 Webster St. Marshfield, Ma 02050

ATTENDANCE: Christina Fitzgerald, Nancy Goodwin, Carol Hamilton, Becky Lee, Kevin Robinson, Michelle Trepanier and Kerry Yetman.

CALL TO ORDER: The meeting was called to order at 12:40 pm.

APPROVAL OF MINUTES: The minutes of the November 12, 2014 were approved. Motion made by Nancy and seconded by Becky. Motion passes.

DISCUSSION: Carol discusses the schedule for the 2015.

January 14 – Michelle T. NVNA – Controlling your blood pressure

February 11 – *Confirmed* Emergency Preparedness – Paul Taber

March 11 – Liisa Budge Johnson Sheriff's Department – Topic TBA, attendance *confirmed*

April 8 – *Tentative* Ombudsman Program Old Colony Planning Council

May 13 – Health Fair

Members felt that Wednesday, May 13th would be good for the Health Fair. Many seem to fall on Wednesdays, so Carol will check with Duxbury to make sure that theirs is not the same day. Otherwise the scheduling for has been done through May.

Members talked about upcoming events The Sheriff's Office will have a new ID machine for the health fair. Becky asked if lanyards might be useful. The COA will offer an aging mastery program starting mid-March. This is evidence based and incentive based program that offers education about health and wellness. It will last for 12 weeks and will cover at least 9 health topics. The COA in Coordination with the NVNA will be starting a 5 week Diabetic Education Series in March.

Jordan Hospital now Beth Israel Hospital is transitioning to a new team of doctors. This new team of doctors are working with nursing home facilities and the visiting nurses on coordination of care. The team meets monthly. There is now a formal agreement with 3 local nursing homes that are able to admit patients that are seen at the hospital without meeting the previous criteria of 3 admission days for Medicare Coverage. This agreement allows for insurance coverage to kick in and offers a smoother transition. There is also grant money for dual eligible recipients that are on Medicare and Mass Health for coordination of care. The idea is to keep people healthy and to prevent re-hospitalization in the least restrictive and most cost effective way. The Visiting Nurses are dealing with a range of patients that are discharged including more high risk patients. The nurses provide acute care, home care, physical and occupational therapy, medical care, and social work services in the community.

A cold weather advisory from the Emergency Management Agency on safety tips. Kevin Robinson said that leaky pipes have been a problem in the cold weather snap. He advises residents to call the Fire Department if a leak occurs. The Fire Department has the tools to help in an emergency situation.

NEXT MEETING: The next meeting is scheduled for February 11, 2015 for SALT at 12:30 and for Triad at 1:00. The topic will be about emergency preparation.

ADJOURNMENT: The meeting was adjourned at 1:10 PM and the SALT Council joined the Triad Group for a presentation by the NVNA about Controlling Blood Pressure.

Respectfully Submitted,

Carol Hamilton, Director
Council on Aging