OFFICE OF THE TOWN ADMINISTRATOR
870 Moraine Street
Marshfield, MA 02050

MARSHFIELD'S COVID – 19 TASK FORCE UPDATE

June 8, 2020

Task Force: Police, Fire, Board of Health, Board of Selectmen, Emergency Operation Center, Town Administrator, Schools, DPW and Council on Aging.

To All Marshfield Residents:

This update is intended to inform Marshfield residents and visitors that the Massachusetts Department of Public Health, per the MAVEN database, is reporting that as of June 8, 2020 there are at least 1,068 suspected and/or confirmed cases of Covid-19.

The number of confirmed cases in Marshfield is 161. The number of probable cases is 25 which we are now reporting separately, and not grouping with confirmed cases, in accordance with DPH Covid-19 data reporting.

Moving forward, we will report both confirmed and probable cases separately and identified as such. We regret to report that to date, there have been 19 deaths in our community attributed to Covid-19.

MARSHFIELD COA Council on Aging

Marshfield Council on Aging Bus Schedule to Resume on June 8, 2020
Also known as GATRA Dial-A-Ride
Call 781-834-5581 for more information
Reservation required, 24 hour notice requested

MONDAY	**AM**	**Shopping at Star Mkt, arrivals starting at 9:30 am** **Stops at CVS, post office and Webster Square banks, as needed**
	PM	***In-town medical appointments 12:30 - 2:30 pm*** ***(NO EARLIER than 12:30 pm and NO LATER than 2:30 pm)***
TUESDAY	**AM**	**Shopping at Roche Bros, arrivals starting at 9:30 am** **Marshfield Food Pantry from 10:00 am to 12 noon**
WEDNESDAY	**AM**	**Shopping at Stop & Shop, arrivals starting at 9:30 am** ***In-town medical appointments 12:30-2:30 pm***

THURSDAY	**AM**	***In-town medical appointments 9:30 am- 2:30 pm*** **Stops at CVS, post office and Webster Square banks, as needed** **Hair appointments 9:30 to 2:30 pm.**
FRIDAY	**AM**	**Shopping at Star Mkt, arrivals starting at 9:30 am** **Stops at CVS, post office and Webster Square banks, as needed** **Marshfield Food Pantry from 10:00 am to 12 noon**

SUGGESTED DONATIONS: $1.75 one way; $3.50 round trip for all in-town trips. *Unmarked envelopes will be distributed upon disembarking from the bus for your donation. Envelopes should be placed in the cash box at the front of the bus at final destination. No one will be denied ridership for inability to donate.*

MARSHFIELD COUNCIL ON AGING (COA) BUS PROTOCOL FOR PANDEMIC AS OF 5/26/2020

1) All drivers, escorts and passengers must wear masks or face coverings.
2) Passengers who are not feeling well, who have a household member not feeling well or who have been in direct contact with a person who has tested positive for COVID 19, should not ride the bus. These individuals may call the Senior Center at 781-834-5581 to arrange for a COA volunteer to shop for them.
3) Passengers will be limited to small groups of no more than four at a time.
4) Passengers and drivers will practice social distancing with regard to seating, boarding and disembarking from the bus.
5) COA Drivers/COA Escorts cannot go inside homes to assist clients.
6) The COA Bus Drivers will sanitize the buses at the end of each day with a deep cleaning mist.
7) Drivers will wipe down handrails and other frequently touched surfaces during the course of the day with sanitizer.

VENTRESS LIBRARY NEWS!

Dear Ventress Memorial Library Borrower,

On Monday, June 1, 2020 the Marshfield Board of Selectmen voted to allow the library to begin returning to service. On Monday, Jun 8, 2020 the book drop will be opened and you may return your checked-out items.

We will start offering curbside pickup on Monday, June 15, 2020. If you want materials, please email mapickup@ocln.org, or call the library at 781-834-5535, and library staff will place holds for you. We can offer you specific titles, or we can recommend titles for you.

Delivery between libraries has not yet been restored, so your choices are limited to items we currently have in the building.

Visit our website for more details at https://www.ventresslibrary.org/

We look forward to seeing you soon!

The Marshfield Board of Health voted to adopt the following state guidelines at the meeting on May 28, 2020.

Subject: Boating and various other marine and inland waterway related activities
The following guidelines for boating and various other marine and inland waterway related activities supersede and replace guidelines issued by the Executive Office of Energy and Environmental Affairs on April 27, 2020. These guidelines remain in effect until rescinded.
This guidance should apply until amended or rescinded. Any questions regarding this guidance can be sent to outdoor.recreation@mass.gov

DPH Orders and Guidelines
Face Coverings and Masks: All visitors to parks and open space, as well as those participating in outdoor education programs should comply with COVID-19 Order 31: Order Requiring Face Coverings in Public Places Where Social Distancing is Not Possible. The order requires any person over the age of 2, whether indoors or outdoors, to wear a face covering or mask when they cannot maintain 6 feet of distance between themselves and others, unless they have a medical condition preventing them from doing so (see further guidance here: https://www.mass.gov/info-details/covid-19-state-of-emergency).
Group Size: No groups larger than 10 are allowed to gather: https://www.mass.gov/doc/march-31-2020-assemblage-guidance/download
Inland Boat Ramps and Canoe Launches:
 Inland boat ramps and canoe launches within state parks, forests, wildlife management areas, boating access facilities and other state owned properties managed
http://www.mass.gov/eea
by the Commonwealth of Massachusetts remain open for use by boats being launched by vehicles registered in the Commonwealth of Massachusetts, except where the access has already been closed due to parking restrictions or other restrictions.
 All other inland boat ramps that are currently managed by municipalities remain open subject to the discretion of the city or town.

User Guidelines:

o Ramps remain open subject to available parking. A ramp will be considered closed if all parking is full. Illegally parked cars will be ticketed and may be towed.

o All boat ramp and canoe launch users shall practice social distancing. Users should allow appropriate space for users of the boat ramp or launch and clear the ramp when users launch is complete.
o Users should ensure they are ready to depart quickly from the ramp or dock as soon as their boat is put into the water. Users not actively launching their boat should clear the launch area.
o Upon return to ramp, users should load their boat as quickly as safely possible and then clear the launch area.
o Use of ramps for organized fishing tournaments, derbies, or any other type of gathering is prohibited. Loitering on ramps or use of ramps for any activity other than launching boats is prohibited. Parking at ramps for activities other than launching boats is prohibited.
o Masks or face-coverings should be worn in public in accordance with the Department of Public Health's advisory when social distancing is not possible.

Coastal Boat Ramps:

 For commercial, state and municipal uses, coastal boat ramps will remain open.
 For recreational use, coastal boat ramps managed by the Commonwealth of Massachusetts remain open for use by boats being launched by vehicles registered in the Commonwealth of Massachusetts.
 All other coastal boat ramps currently managed by municipalities remain open for recreational use subject to the discretion of the city or town.

User Guidelines:

o Coastal boat ramp parking lots are open for users launching boats, canoes and kayaks, and associated parking. Parking for the purpose of accessing coastal beaches is prohibited.
o All boat ramp and canoe launch users shall practice social distancing. Users should allow appropriate space for users of the boat ramp or launch and clear the ramp immediately when their launch is complete.
o Users should ensure they are ready to depart quickly from the ramp or dock as soon as their boat is put into the water. Users not actively launching their boat should clear the launch area.
o Upon return to ramp, users should load their boat as quickly as safely possible and then clear the launch area.
o Use of ramps for organized fishing tournaments, derbies, or any other type of gathering is prohibited.
o Loitering on ramps or use of ramps for any activity other than launching boats is prohibited. Parking at ramps for activities other than launching boats is prohibited.
o Masks or face-coverings should be worn in public in accordance with the Department of Public Health's advisory when social distancing is not possible.

Recreational boating:

• The safe operation of recreational boats is permitted under the following guidelines:
o Only persons from the same household should be together on a boat at one time.
o No gathering or groups of persons from multiple households will be permitted on boat ramps, docks, piers etc., and all users shall practice strict social distancing.
o All recreational crafts shall remain a safe distance apart. Tying boats or other crafts together is prohibited.
o All recreational boating is subject to the discretion of local officials, harbormasters, and law enforcement.
o All local rules, regulations, laws and Coast Guard requirements still apply.

Commercial Boating:

 Maritime transportation workers, including dredgers, port workers, mariners, ship crewmembers, ship pilots and tugboat operators, equipment operators (to include
maintenance and repair, and maritime-specific medical providers), ship supply, chandler, and repair companies have all been deemed essential services under the Governor's orders.
 Commercial fishing is an essential part of the food supply chain and will continue to be allowed. Workers should follow public health guidance to minimize interactions with each other and the public.
 All local rules, regulations, laws and Coast Guard requirements still apply.

MASSACHUSETTS EXECUTIVE OFFICE OF ENERGY AND ENVIRONMENTAL AFFAIRS
WORKPLACE SAFETY and REOPENING STANDARDS FOR
RECREATIONAL BOATING BUSINESSES
May 18, 2020

INTRODUCTION
On May 18, 2020, Governor Baker issued COVID-19 Order No. 33: Order Implementing a Phased Reopening of Workplaces and Imposing Workplace Safety Measures to Address COVID-19, implementing a phased reopening of workplaces and imposing workplace safety measures to address COVID-19. That same day, he issued COVID-19 Order No. 34: Order Expanding Access to and Use of State Beaches and Addressing Other Outdoor Recreational Activities, which directed the Secretary of the Executive Office of Energy and Environmental Affairs to "issue guidance for the implementation of generally applicable COVID-19 workplace standards by operators of and participants in outdoor recreational activities."
This document provides guidance for recreational boating businesses, operators and employees on how to
implement those general workplace safety standards and other public health guidance ("COVID-19 measures") in the context of their outdoor recreational operations in the first phase ("Phase 1") of the Commonwealth's reopening. Operators who fail to implement applicable COVID-19 measures may be sanctioned in accordance with COVID-19 Order No. 33. Operators are further reminded that in addition to implementing COVID-19 measures in Phase 1, they must still comply with all federal, state and local laws.
The public health data and guidance on which this document is based can and does change frequently. The most recent version of this document can be found on the Commonwealth's website, http://www.mass.gov/
Any questions regarding this guidance can be sent to outdoor.recreation@mass.go

LIMITATIONS ON OUTDOOR RECREATIONAL ACTIVITIES AND FACILITIES

COVID-19 Order No. 33 permits certain outdoor recreational activities and facilities to resume operations
on May 25, 2020, provided that those operations meet safety standards and comply with the terms and conditions of the Order.
With respect to recreational boating, the Order provides that recreational boating facilities, solely for the
purpose of enabling recreational boating, including rowing and sailing facilities, yacht clubs, boat clubs

and boat rentals may be open in Phase 1; provided, however, that the occupants of a vessel be limited to a
single household group and that no more than ten people are aboard a single vessel at any one time. In addition to complying with the aforementioned limitations, operators must implement the following safety measures detailed below.

IMPLEMENTING SAFETY MEASURES FOR YOUR OPERATION

COVID-19 Order No. 33 organizes safety measures into four distinct categories, social distancing, hygiene protocols, staffing and operations, and cleaning and disinfecting. Recreational boating facilities must ensure that the following COVID-19 Measures to protect consumers and employees.

Social Distancing

• All persons, including employees, customers, and vendors should remain at least six feet apart to the greatest extent possible, both inside and outside workplaces
• Establish protocols to ensure that employees can practice adequate social distancing
• Provide signage for safe social distancing
• Require face coverings or masks for all employees and customers

Hygiene Protocols

• Provide hand-washing capabilities throughout the workplace
• Ensure frequent hand washing by employees and adequate supplies to do so
• Provide regular sanitization of high touch areas, such as workstations, equipment, screens, doorknobs, restrooms throughout work site

Staffing and Operations

• Provide training for employees regarding the social distancing and hygiene protocols
• Employees who are displaying COVID-19-like symptoms do not report to work
• Establish a plan for employees getting ill from COVID-19 at work, and a return-to-work plan

Cleaning and Disinfecting

• Establish and maintain cleaning protocols specific to the business
• When an active employee is diagnosed with COVID-19, cleaning and disinfecting must be performed
• Disinfection of all common surfaces must take place at intervals appropriate to said workplace

The application of these measures to for recreational boating is detailed below.

I. Social Distancing

 Docks are to be used to facilitate boating access only. On dock gatherings are prohibited under any circumstances
 Common areas such as gazebos, picnic areas, pools and other areas where people are likely to congregate are closed for Phase 1
 Organized events, on or off the water, are not permitted
 Where social distancing is not possible, only persons from the same household should be together on any boat at one time
 No more than 10 people may be in a boat at one time
 Fuel dock operators shall keep vessels spaced on the fuel dock at least 6 feet apart
 Lunch and break times for staff shall be staggered, regulating maximum number of people in one place and ensuring at least 6 feet of physical distancing during any meeting
 Face coverings are required for all workers, except where doing so may introduce a safety hazard to workers or where an individual is unable to wear a face covering due to a medical condition or disability. Face coverings are required for all customers when social distancing is not possible

 Minimize the use of confined spaces (e.g., elevators, control rooms, on-shore vehicles) by more than one individual at a time; all employees and customers in such spaces at the same time are required to wear face coverings
 For launch boats, the captain, staff and patrons must keep at least 6 feet apart and wear proper face coverings or PPE including disposable gloves, eye/face protection. If social distancing cannot be accomplished in a single trip, then separate trips must occur to adhere to the 6 feet social distancing requirement. If possible and practical, install Plexiglass shield behind driver
 For dinghy docks, all dinghies must wait for dinghy dock to be clear of any and all persons before approaching
 Yacht club/boat club staff should not assist boaters with launch/retrieval or boat readiness except as necessary for ADA compliance. Staff should limit interactions with boaters as possible
 Safety boats at community rowing and boating facilities, boat ramps and canoe launches shall be operated by only one person, unless six-foot social distancing can be maintained by a crew of more than one
 Remote and credit-card transactions are encouraged

II. Hygiene Protocols

 Ensure access to handwashing facilities on site, including soap and running water, and allow sufficient break time for employees to wash hands to frequently; alcohol-based hand sanitizers with at least 60% alcohol may be used as an alternative
 Employees should wear gloves as appropriate and when touching shared equipment.
 Paperwork should be handled electronically to the maximum extent possible
 Employers must supply employees at workplace location with adequate cleaning products (e.g., sanitizer, disinfecting wipes) to sanitize shared equipment and touch surfaces
 Post visible signage throughout the site to remind employees of the hygiene and safety protocols, including regular hand washing
 Require regular and not less than daily cleaning and sanitation of all high-touch areas such as workstations, door handles, and restrooms

III. Staffing and Operations

 Provide training to workers on up-to-date safety information and precautions including hygiene and other measures aimed at reducing disease transmission
 Limit visitors and service providers on site; shipping and deliveries should be completed in designated areas, outside the facility if possible
 Log all persons who are present at site for any duration, including customers, to enable contact tracing
 Employees must stay home if feeling ill
 Employees who are particularly vulnerable to COVID-19 according to the Centers for Disease Control (e.g., due to age or underlying conditions) are encouraged to stay home
 Encourage employees to self-identify symptoms or any close contact to a known or suspected COVID-19 case to the employer
 Employees who test positive for COVID-19 are encouraged to disclose to the employer for purposes of cleaning/disinfecting and contact tracing
 Employers must post notice to employees, workers, and customers of important health information and relevant safety measures as outlined in CDC and DPH guidelines

IV. Cleaning and Disinfecting

 Employers are required to conduct regular and not less than daily cleaning and sanitation of all high-touch areas such as workstations, door handles, and restrooms. Restrooms should be cleaned and sanitized in accordance with the EEA COVID-19 Outdoor Recreation Facility Restroom Cleaning Best Practices

 Launch boats must be disinfected after every trip. Tips should be deposited in a box that can be disinfected prior to retrieval
 Pump-out stations should be sanitized after each use. Vessel pump out port areas should be sanitized after the pump out
 Boat rental facilities, boat clubs, community-based rowing and sailing facility operators and other operators who offer shared equipment should disinfect all watercraft, shells, safety boats and equipment after each use
 Employers should keep cleaning logs that include date, time, and scope of cleaning
 Conduct frequent disinfecting of heavy transit areas and high-touch surfaces (e.g., doorknobs, handrails, bathrooms)
 In event of a positive case, employers must shut down site for a deep cleaning and disinfecting of the workplace in accordance with current guidance

MASSACHUSETTS EXECUTIVE OFFICE OF ENERGY AND ENVIRONMENTAL AFFAIRS
WORKPLACE SAFETY and REOPENING STANDARDS FOR
FOR-HIRE FISHING AND CHARTERS
May 18, 2020

INTRODUCTION

On May 18, 2020, Governor Baker issued COVID-19 Order No. 33: Order Implementing a Phased Reopening of Workplaces and Imposing Workplace Safety Measures to Address COVID-19, implementing a phased reopening of workplaces and imposing workplace safety measures to address COVID-19. That same day, he issued COVID-19 Order No. 34: Order Expanding Access to and Use of State Beaches and Addressing Other Outdoor Recreational Activities, which directed the Secretary of the Executive Office of Energy and Environmental Affairs "to issue guidance for the implementation of generally applicable COVID-19 workplace standards by operators of and participants in outdoor recreational activities."
This document provides guidance for operators of for hire fishing and charter vessels on how to implement those general workplace safety standards and other public health guidance ("COVID-19 measures") in the context of their outdoor recreational operations in the first phase ("Phase 1") of the Commonwealth's reopening. Operators who fail to implement applicable COVID-19 measures may be sanctioned in accordance with COVID-19 Order No. 33. Operators are further reminded that in addition to implementing COVID-19 measures in Phase 1, they must still comply with all federal, state and local laws.
The public health data and guidance on which this document is based can and does change frequently. The most recent version of this document can be found on the Commonwealth's website, http://www.mass.gov/
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LIMITATIONS ON OUTDOOR RECREATIONAL ACTIVITIES AND FACILITIES

COVID-19 Order No. 33 permits certain outdoor recreational activities and facilities to resume operations on May 25, 2020, provided that those operations meet safety standards and comply with the terms and conditions of the Order.
With respect to for hire and charter fishing, the Order provides that no more than ten people, including any captain and crew, are aboard a single vessel at any one time. This means that vessels with more than 10 passengers and crew are not allowed to operate at this time.

In addition to complying with the aforementioned limitations, operators must implement the following safety measures detailed below:

IMPLEMENTING SAFETY MEASURES FOR YOUR OPERATION

COVID-19 Order No. 33 organizes safety measures into four distinct categories, social distancing, hygiene protocols, staffing and operations, and cleaning and disinfecting. For hire and charter fishing operations must ensure that the following COVID-19 Measures to protect consumers and employees.

Social Distancing

• All persons, including employees, customers, and vendors should remain at least six feet apart to the greatest extent possible, both inside and outside workplaces
• Establish protocols to ensure that employees can practice adequate social distancing
• Provide signage for safe social distancing
• Require face coverings or masks for all employees and customers

Hygiene Protocols

• Provide hand-washing capabilities throughout the workplace
• Ensure frequent hand washing by employees and adequate supplies to do so
• Provide regular sanitization of high touch areas, such as workstations, equipment, screens, doorknobs, restrooms throughout work site

Staffing and Operations

• Provide training for employees regarding the social distancing and hygiene protocols
• Employees who are displaying COVID-19-like symptoms do not report to work
• Establish a plan for employees getting ill from COVID-19 at work, and a return-to-work plan

Cleaning and Disinfecting

• Establish and maintain cleaning protocols specific to the business
• When an active employee is diagnosed with COVID-19, cleaning and disinfecting must be performed
• Disinfection of all common surfaces must take place at intervals appropriate to said workplace

The application of these measures to for hire and charter fishing is detailed below.

I. Social Distancing

 Passengers and crewmembers must wear cloth face coverings that meet the recommendations contained in DPH/CDC guidance.
 Crewmembers shall clean or dispose of face coverings in accordance with DPH/CDC guidance.
 For hire vessels shall remain a safe distance apart. Tying boats or other crafts together is prohibited. All local rules, regulations, laws, and Coast Guard requirements still apply.
 Passengers and crew members must abide by social distancing protocols of at least six feet between individuals. Passengers and crewmembers from the same household are not required to social distance from each other.
 Stagger lunch and break times, regulating maximum number of people in one place and ensuring at least 6 feet of physical distancing during any meeting.
 Face coverings are required for all workers, except where doing so may introduce a safety hazard to workers or where an individual is unable to wear a face covering due to a medical condition or disability.
 Minimize the use of confined spaces (e.g., elevators, control rooms, vehicles) by more than one individual at a time; all employees in such spaces at the same time are required to wear face coverings.

II. Hygiene Protocols

 Ensure access to handwashing facilities on site, including soap and running water, and allow sufficient break time for employees to wash hands to frequently; alcohol-based hand sanitizers with at least 60% alcohol may be used as an alternative
 Crewmembers must provide to customers handwashing capability or sanitizer on the vessel.

 Frequent handwashing by employees, and an adequate supply of soap, disinfectant, hand sanitizer, and paper towels must be available.
 Crewmembers must provide for hourly touch-point sanitization (e.g., workstations, equipment, screens, doorknobs, restrooms).
 Vessel captains must provide training for crewmembers regarding the COVID-19 Mitigation Plan, train their crewmembers in basic hygiene practices, such as frequent and thorough hand washing, respiratory etiquette (e.g., covering coughs and sneezes), and discourage crewmembers or passengers from using others' personal property, work tools, and equipment.
 Supply employees at workplace location with adequate cleaning products (e.g., sanitizer, disinfecting wipes).
 Require regular and not less than daily cleaning and sanitation of all high-touch areas such as workstations, door handles, and restrooms
 Post visible signage throughout the site to remind employees on the hygiene and safety protocols.
III. Staffing and Operations
 Vessel captains must conduct pre-shift staff screening and maintain staff screening log.
 Passengers must bring their own food and drinks onboard. Food and drinks must be kept separate from the crew's food and drinks.
 Passengers and crewmembers should not pass or share fishing rods or equipment, to the maximum extent possible.
 The vessel captain must establish a COVID-19 Mitigation Plan addressing the practices and protocols to protect staff and the public.
 Signage must be posted on the vessel to notify the public of the vessels COVID-19 Mitigation Plan and clearly state that any person with symptoms consistent with COVID-19 may not enter the vessel.
 Provide training to workers on up-to-date safety information and precautions including hygiene and other measures aimed at reducing disease transmission
 Limit visitors and service providers on site; shipping and deliveries should be completed in designated areas, outside the facility if possible
 Log everyone who comes in contact with site to enable contact tracing, including customers
 Employees must stay home if feeling ill.
 Employees who are particularly vulnerable to COVID-19 according to the Centers for Disease Control (e.g., due to age or underlying conditions) are encouraged to stay home
 Encourage employees to self-identify symptoms or any close contact to a known or suspected COVID-19 case to the employer
 Post notice to employees, workers, and customers of important health information and relevant safety measures as outlined in government guidelines
IV. Cleaning and Disinfecting
 Conduct frequent cleaning and disinfection of vessels and associated boarding site.
 Keep cleaning logs that include date, time, and scope of cleaning
 Conduct frequent disinfecting of heavy transit areas and high-touch surfaces (e.g., doorknobs, handrails, bathrooms)
 In event of a positive case, shut down site for a deep cleaning and disinfecting of the workplace in accordance with current guidance-

MEMORANDUM

TO: Town Administrator, Board of Selectmen, Board of Health, Board of Public Works, Department of Public Works, Recreation Director & Recreation Department
FR: Robert W. Galvin, Esq., Town Counsel
DA: May 20, 2020
RE: **OPEN AND CLOSED ATHLETIC FIELDS AND ATHLETIC COURTS – PHASE I REOPENING**

On Monday, Governor Baker unveiled his "Reopening Massachusetts" plan which announced a phased reopening plan for the state.

Non-contact sports are now permitted at Athletic Fields and certain types of Athletic Courts under the Phase I Reopening Plan.

There is some specific guidance for Outdoor Recreation that allows a limited use of certain Athletic Fields and Athletic Courts issued by the Executive Office of Energy and Environmental Affairs (EEA) COVID-19 Guidance Documents and that is available on the Governor's office's webpage at: https://www.mass.gov/info-details/executive-office-of-energy-and-environmental-affairs-eea-covid-19-guidance-documents

That Guidance is as follows:

Athletic Fields and Non-Contact Courts (Non-Organized/Permitted Use)

Athletic fields and athletic courts can be utilized only for non-contact sports, with no shared equipment, such as tennis and pickleball. No permits should be issued for group gatherings and users should not engage in pick-up games, organized games or tournaments.

1. Athletic Fields Guidelines:

• Users should sanitize hands before and after play, not share equipment, and clean and wipe down equipment.
• When engaged in play, users should avoid touching other users' equipment in separate areas.
• Users waiting to utilize a section or area of the field should wait outside the field of play until previous users have vacated the facility to ensure proper social distancing and prevent accidental contact of other users' equipment.
• Users should not engage in pick-up games, organized games, or tournaments.

2. Athletic Courts (Non-Contact) Guidelines:

• Users should sanitize hands before and after play, not share equipment and clean and wipe down equipment, including racquets, balls, and water bottles.
• Users waiting to utilize a court should wait outside the court's gates/fence until previous users have vacated the facility to ensure proper social distancing and prevent accidental contact of other users' equipment.
• Users should not engage in pick-up games, organized games, or tournaments

It's my view that "non-contact sports" are best defined as any sport in which the players are (1) physically separated (2) such as to make it nearly impossible for them to make physical contact during

the course of a game. Examples that come to mind include: tennis, badminton, golf, croquet, running, sprinting, track and field events, gymnastics and rowing.

It's also my view that "Contact sports" where athletes routinely make contact with each other or with inanimate objects but usually with less force than in collision include, basketball, soccer, baseball, volleyball, and softball. Contact sports also include sports where collisions are a part of the game and include boxing, wrestling, martial arts, football, rugby, lacrosse and roller and ice hockey, etc.

The following is a listing of Athletic Fields and Athletic Courts that I believe should be open for NON-CONTACT SPORTS and SUBJECT TO THE RESTRICTION ON PICK-UP GAMES, ORGANIZED GAMES, OR TOURNAMENTS as soon as resources are in place to monitor social distancing and assure proper hygiene:

(1) Peter Igo Park for Tennis, Pickleball, Rowing and Kayaking for non-contact sports and no pick-up games, organized games, or tournaments.

(2) Tower Ave for non-contact sports and no pick-up games, organized games, or tournaments.

(3) Waterfront Park off of Dribeck Way

(4) Governor Winslow School Fields for non-contact sports and no pick-up games, organized games, or tournaments.

(5) Daniel Webster School Fields for non-contact sports and no pick-up games, organized games, or tournaments.

(6) South River School Fields for non-contact sports and no pick-up games, organized games, or tournaments.

(7) Eames Way School Fields for non-contact sports and no pick-up games, organized games, or tournaments.

(8) Martinson School & Community Turf and Track for non-contact sports and no pick-up games, organized games, or tournaments.

(9) Marshfield High School Natural Grass Fields & Fields off Forest Street for non-contact sports and no pick-up games, organized games, or tournaments.

(10) Marshfield High School Tennis Courts for non-contact sports and no pick-up games, organized games, or tournaments.

(11) Recreation Department Fields and Non-Contact Athletic Courts at Coast Guard Hill for non-contact sports and no pick-up games, organized games, or tournaments.

(12) All Town owned Nature Trails, Conservation Land and Bridle Path and Couch Conservation Land.

It is my opinion that the children's playgrounds, including the one opposite the Town Library and at Rexhame Beach, and all basketball courts at all of the aforementioned facilities cannot open under this phase of the re-opening. The roller rink and skate park must also remain closed in this phase of the re-opening. I am advised that the reasons that these areas must remain closed because they either involve contact sports and cannot be safely sanitized or be open consistent with the outdoor recreation guidelines at this stage.

As always, there should be no gatherings of more than 10 persons, appropriate social distancing must be maintained and adhered to, and/or face coverings must be used.

I am amenable to a future plan to reopen basketball courts but there must be a limit of one or two players and no games at this time.

Robert W. Galvin, Town Counsel

REOPENING MASSACHUSETTS
Guidance for industries on the reopening plan
As of May 18, 2020

The following detailed commentary is related to the Executive Order signed by Governor Baker on May 18, 2020. This document is intended to provide additional information on businesses and activities summarized in the Reopening Massachusetts report. This is not an exhaustive list of all possible businesses that can open in each phase; it may be updated from time to time.

For additional information please visit the Reopening Massachusetts website
https://www.mass.gov/reopening

Unless otherwise stated, businesses expected to be allowed to open in future phases will be subject to certain limitations and guidelines that will be provided at a later date. All businesses are required to follow Mandatory Workplace Safety Standards and Sector specific safety protocols and best practices. All of this information is subject to revision based on the latest public health data.

Businesses

Category	When you can reopen	Additional comments
All businesses deemed essential by previous orders	Currently allowed	These businesses will be required to comply with Mandatory Workplace Safety Standards and any applicable sector specific safety protocols / best practices by May 25, 2020.
Banks	Currently allowed	These businesses will be required to comply with Mandatory Workplace Safety Standards and any applicable sector specific safety protocols / best practices by May 25, 2020.
Financial services	Currently allowed	These businesses will be required to comply with Mandatory Workplace Safety Standards and any applicable sector specific safety protocols / best practices by May 25, 2020.
In house services (such as nannies, babysitting)	Currently allowed	These businesses will be required to comply with Mandatory Workplace Safety Standards and any applicable sector specific safety protocols / best practices by May 25, 2020.
Real estate open houses	Currently allowed with restrictions	These businesses will be required to comply with Mandatory Workplace Safety Standards and any applicable sector specific safety protocols / best practices by May 25, 2020.
Construction	Phase 1 – May 18	All construction businesses, please refer to detailed guidance for reopening
Firearm retailers and shooting ranges	Phase 1 – May 18	

Category	When you can reopen	Additional comments
Home remodeling	Phase 1 – May 18	All construction businesses, please refer to detailed guidance for reopening (includes guidance for remodeling in 1-3 family residences)
In home installations	Phase 1 – May 18, construction related Phase 2 – non construction related	Construction related – e.g., painting, repairs, etc. Non construction related – e.g., carpet installation, home theaters, security systems
Manufacturing	Phase 1 – May 18	All manufacturing businesses, please refer to detailed guidance for reopening
Places of worship	Phase 1 – May 18	Please refer to detailed guidance for reopening
Auto dealers and wholesalers	Phase 1 – May 25 for curbside pickup and delivery only Phase 2 – browsing inside the showroom with restrictions	Follow guidelines for non-essential retail and car dealerships found in the Essential Services FAQ
Car washes	Phase 1 – May 25	Please refer to detailed guidance for reopening
Drive-in movie theaters	Phase 1 – May 25	These businesses must follow Mandatory Workplace Safety Standards.
Hair salons / barbershops	Phase 1 – May 25	Please refer to detailed guidance for reopening
General office spaces	Phase 1 - May 25 except City of Boston Phase 1 – June 1 City of Boston	Please refer to detailed guidance for reopening
Lab space	Phase 1 – May 25	Please refer to detailed guidance for reopening
Libraries	Phase 1 – May 25 for curbside pickup and delivery only Phase 2 – browsing inside the Library with restrictions	
Pet grooming	Phase 1 – May 25	Please refer to detailed guidance for reopening
Retail (such as clothing stores, toy stores, jewelry stores, nurseries and garden centers that don't sell food products, adult use cannabis stores)	Phase 1 – May 25 for curbside pickup and delivery only Phase 2 – browsing inside the store with restrictions	
Casinos	Hotel & Restaurants – Phase 2 Gaming area – Phase 3 Theaters / arenas – Phase 3/4	Casinos and hotels attached to them should follow the guidelines for each section of the property (e.g. hotel, restaurants, etc.).

Category	When you can reopen	Additional comments
Driving schools	Currently allowed to offer classroom instruction online Phase 2 – behind-the-wheel training or observation of another student driver	RMV developing comprehensive guidance for permit testing, road tests and driving schools
Hotels and accommodations (including short-term / private vacation rentals by owner)	Currently open to provide services to essential workers and vulnerable populations. Phase 2 – reopen to serve other guests with restrictions	We are actively considering whether additional guidance will be provided to hotels/lodging before Phase 2
Other personal services (such as nail salons, day spas, massage therapy, tattoo parlors, electrolysis studios)	Phase 2	
Restaurants	Phase 1 – can continue to offer takeout and delivery options Phase 2 – can begin opening dining areas	We are actively considering whether additional guidance will be provided to restaurants before Phase 2
Amusement parks	TBD – either Phase 3 or 4	
Bars	Phase 3	Bars are defined as establishments that only serve alcohol and do not have kitchen areas that prepare food on-site.
Gyms, fitness studios	Phase 3	Evaluating earlier opening of personal training and outdoor classes
Movie theatres	Phase 3	
Museums	Phase 3	
Performance venues (such as concert halls, theatres)	Phase 3	Large performance venues are an exception and will open in Phase 4 following guidance for other large venues. Some outdoor performance venues may begin opening in Phase 2.
Large venues (such as arenas, stadiums, night clubs, race tracks, other sports venues)	Phase 4	In process of determining what qualifies as a large venue. Sports without spectators TBD
Flight schools	TBD – not Phase 1	Comprehensive plan is being developed

Recreation & outdoors

Category	When you can reopen	Additional comments
Beaches	Currently allowed for transitory activity only, will open for more activities in Phase 1 – May 25	Please refer to detailed guidance for reopening
Golf	Currently allowed with restrictions	Continue to follow guidance outlined in the Essential Services FAQ
Parks	Currently open, but services/facilities will reopen in Phase 1 – May 25	Please refer to detailed guidance for reopening
Fishing, hunting and boating	Phase 1 – May 25	Please refer to detailed guidance for reopening
Outdoor adventure activities (including ski area summer activities, zip-lines, and mountain biking)	Phase 1 – May 25	Please refer to detailed guidance for reopening
Outdoor gardens, zoos, reserves and public installations	Phase 1 – May 25	Please refer to detailed guidance for reopening
Other outdoor recreation (such as miniature golf, go karts, batting cages)	Phase 2	
Outdoor performances	Some activities in Phase 2	
Summer camps	Phase 2 – recreational day camps Phase 3 – residential camps	
Youth sports	Some activities in Phase 2	
Other indoor recreation (such as indoor batting cages, indoor go karts)	Phase 3	
Sightseeing (such as bus tours, duck tours, harbor cruises, whale watching)	Phase 3	
Tours	Phase 3	
Historical sites	TBD – not Phase 1	Comprehensive tourism plan is being developed
Cruise ships	N/A	Operating under federal guidance, No Sail order currently in effect

Community Tracing Collaborative

Partners In Health

Thank you for your help in spreading the word about contact tracing in Massachusetts. Along with testing and social distancing, contact tracing is an important part of continuing to stop the spread of COVID-19 in Massachusetts.

We have put together a small toolkit of material, including social media-ready messages and images you can use to help spread the word about the importance of contact tracing.

Attached is a document that includes some language for use in newsletters, blogs, websites and other platforms you use to communicate with your constituents. Also attached are images with English and Spanish language for your use. Below are some suggested social media messages that can be used with the attached images.

Answer the call and stop the spread of COVID-19. If you get a call from the MA COVID Team with area codes 833 or 857, answer the call and help our contact tracing effort. Learn more at mass.gov/matracingteam.

COMMONWEALTH OF MASSACHUSETTS
EXECUTIVE OFFICE OF HEALTH AND HUMAN SERVICES
COVID – 19 COMMAND CENTER
Update on Golf Courses

Are golf courses considered essential? **NO**

- Golf courses are not essential businesses and cannot have employees working on premise. Notwithstanding this restriction, essential services, such as grounds keeping to avoid hazardous conditions and security, provided by employees, contractors, or vendors are permitted.
- Private operators of golf courses may permit individuals access to the property so long as there are no gatherings of any kind, appropriate social distancing of six feet between individuals is strictly followed, and the business operator and golfers abide by the specific guidelines for golf courses outlined below.
- Municipalities may decide to open municipal courses under these guidelines, if they so choose.
- **The specific guidelines for golf courses are:**

- Security personnel can be delineated by each club (ex. a pro and the head starter) and will be present to enforce social distancing. There can be no other employees working at the recreational component of the golf operation.
- All staff must wear face coverings while on the property
- Club facilities including but not limited to the club house, pro shop, restaurant, bag room and locker room must remain closed
- No caddies allowed
- No golf carts allowed
- Push carts may be used. Players must either carry their own bag or use a push cart
- All golfers must maintain proper social distancing of at least 6 feet at all times
- Groups of players are restricted to no more than 4 players at one time.
- Members-only clubs can allow guests as determined by the security personnel on the golf course
- Private clubs that allow non-members to make reservations can do so at their discretion
- Maintenance personnel are permitted to work on the golf course
- Tee Time Policy must be 15 minutes between groups
- Golfers must stay in their car until 15 minutes before their tee time and must return to their car immediately following play
- Online and remote payment options must be utilized
- All golfers must use their own golf clubs. Sharing golf clubs or rental golf clubs is not allowed.
- Flag sticks must remain in the hole. Hole liners must be raised so picking a ball out of the hole doesn't occur
- Bunker rakes must be removed, and ball washers must be removed or covered.
- Practice putting green, driving range, and chipping areas must be closed.
- Facilities must have readily accessible hand sanitizer

Governor Baker has issued an **Order** effective Wednesday, May 6 requiring face masks or cloth face coverings in public places where social distancing is not possible. This applies to both indoor and outdoor spaces. Exceptions include children under the age of 2 and those unable to wear a mask or face covering due to a medical condition. Read the full DPH **Guidance**.

Tips on the Proper Use of Masks and Face Coverings

There are many things that you can do to help protect yourself and others from becoming infected with COVID-19. People who show no symptoms of illness may still be able to spread COVID-19. A face covering may help prevent you from spreading COVID-19 to other people.

- A face covering can include anything that covers your nose and mouth, including dust masks, scarves and bandanas.

- Do not use health care worker masks, such as the N95 masks - those should be preserved for healthcare workers.
- It is important that you wear these face coverings or masks in situations where it is difficult to maintain a social distance of six feet from others. For example, in a pharmacy or grocery store.

When you wear a cloth mask, it should:

- Fit snugly but comfortably against the side of the face,
- Be secured with ties or ear loops,
- Include multiple layers of fabric,
- Allow for breathing without restriction, and
- Be able to be laundered and machine dried without damage or change to shape.

When putting on and taking off a mask, do not touch the front of it, you should only handle the ties or ear straps, and make sure you wash the cloth mask regularly. Wash your hands or use hand sanitizer after touching the mask.

Cloth masks should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated, or otherwise unable to remove the mask without assistance.

Face Covering Do's and Don'ts and instructions on **how to make your own cloth mask** are available on the CDC web site.

In addition to wearing a cloth mask you should continue to practice proven methods to protect yourself.

- Practice social distancing at all times by remaining 6 feet away from others when you have to leave your home for essential trips.
- Stay home if you are sick and avoiding close contact with others.
- Wash your hands often with soap and water for at least 20 seconds; using alcohol-based hand gel with at least 60% alcohol if soap and water are not available.
- Avoid touching your eyes, nose, and mouth.
- Clean things that are frequently touched (like doorknobs and countertops) with household cleaning spray or wipes.
- Cover your mouth when you cough or sneeze. Use a tissue or your inner elbow, not your hands.

Daily update BOH
Update on Contact Tracing

On April 3, the Baker-Polito Administration announced an initiative to mitigate the spread of COVID-19 in Massachusetts through contact tracing. Working with Partners in Health, Massachusetts was the first state in the nation to develop a program to trace individuals who have tested positive for COVID-19 as well as their immediate contacts who may have been exposed to the virus. Through a team of leading medical experts working with the Department of Public Health, this program has already hired 176 employees to do contact tracing by phone, and hundreds of additional staff will be trained and on board in the coming weeks.

Residents who receive a phone call from the Contact Tracing Collaborative are urged to take the call and provide the relevant information.

The Board of Health would like to remind residents not to inject or ingest disinfectants, bleach or rubbing alcohol.

May is Mental Health Month

Secretary Sudders, a social worker, and former Commissioner of the Department of Mental Health wants to alert residents on the importance of caring for our mental health during the pandemic. From loneliness and situational depression resulting from isolation, anxiety from the fear of the illness, grief from losses, to worrying about economic security, these stresses are significant and can affect our mental well-being and that of our loved ones. Nearly half of Americans report that the coronavirus has had a negative impact on their mental health – as reported in an issue paper reported by the Kaiser family Foundation in April.

· If you, or someone you care about, are feeling overwhelmed with emotions like sadness or anxiety, or feel like you want to harm yourself or others, **CALL2Talk** is a resource available through **2-1-1** line.

· In March, the Administration launched the Massachusetts Network of Care, a searchable behavioral health directory of services and organizations dedicated to helping preserve and protect your mental health.

· This website connects Massachusetts residents with information in multiple languages on behavioral health services and treatment in their communities – including more than 5,000 organizations – searchable by keywords and zip codes.

MARSHFIELD BOARD OF HEALTH

Tyler Nims, Chairman, Board of Health
Mark MacDonald, Vice-Chairman, Board of Health
Paul Armstrong, Member, Board of Health

The BOH has ensured that Local Supermarkets are following the directive to limit the number of people in each facility at one time. **Now it is time to do your part.** Plan your trip and try to shop alone. **Shopping is not a social event** and should only be done when it is time to get a proper supply of foods and essential items (resist the one item temptations, the Twinkies' can wait). The **workers** in these establishments are **essential personnel** and deserve our respect for their service. Please observe the social distancing of 6' from other shoppers and staff while they perform the tasks that provide us with the foods we need. Follow the arrows guiding traffic patterns as you go through the store. When standing in line outside the building social distances also applies.

Personal protective equipment, or **PPE:** protects its user against any physical harm or hazards that the environment may present **ONLY WHEN USED CORRECTLY!** People often get a false sense of security when using and forget.

- There is no substitute for proper hand washing/sanitizing and be mindful to do so before and after use.
- Understand how to use and remove the PPE. (improper use can do more harm than good)
- Please properly dispose of the PPE after use.

Buoy Health's new online resource: for residents to check their symptoms and connect with the next appropriate health care resource. This tool does not replace emergency medical care, but it may be used as a support for residents during the COVID-19 outbreak to connect them with appropriate health care resources if they display coronavirus symptoms. Buoy Health's online 24/7 tool is free for Massachusetts residents and uses current COVID-19 guidance from the CDC and DPH. As always, your first choice is to contact your own health care provider. Buoy's online tool is not to be used in place of emergency medical care. If this is an emergency, call 911 or visit the nearest emergency room.
www.Buoy.com/mass

The Massachusetts Department of Public Health (DPH) announced that Massachusetts 2-1-1., a 24-hour telephone hotline, will now provide real-time COVID-19 information, resources, and referrals in multiple languages. **https://mass211.org/**

Additional updated information from MEMA on COVID-19:
https://www.mass.gov/orgs/massachusetts-emergency-management-agency

DPW News

The Transfer Station is open to residents to drop off bulk items when purchasing a sticker. Residential Construction & Demolition (weigh and pay) debris is also now being accepted. Pot hole repairs will be ongoing beginning the week of May 4. Water leak repairs are ongoing, along with addressing drainage issues

SCHOOL INFORMATION

Governor Baker announced yesterday, schools in Massachusetts, both public and private will be closed for the remainder of the academic year.

TREASURER COLLECTOR INFORMATION

Below you will find the necessary paper work to request a hardship waiver from the Town of Marshfield for real estate taxes, excise taxes and utility bills.

TOWN OF MARSHFIELD
OFFICE OF THE TREASURER-COLLECTOR
870 MORAINE STREET MARSHFIELD, MA 02050

COVID -19 FINANCIAL HARDSHIP WAIVERS

NAME OF APPLICANT: _____
ADDRESS OF APPLICANT: _____
DATE OF APPLICATION: _____

PROOF OF HARDSHIP – PLEASE MARK "X":
UNEMPLOYMENT APPLICATION:
PROOF OF CLOSED BUSINESS:
MEDICAL WAIVER:

TYPE OF BILL (S) NEEDING RELIEF – PLEASE MARK "X"
REAL ESTATE TAXES:
EXCISE TAXES:
UTILTY BILLS:

BELOW SECTION IS FOR TOWN OF MARSHFIELD STAFF

APPLICATION WAS RECEIVED ON:_____

APPLICATION WAS APPROVED BY:_____

APPLCIATION WAS DENIED BY: _____

REASON:_____
_____

REQUESTED APPEAL TO TOWN ADMINISTRATOR BY PATRICK DELLORUSSO ON:_____

TOWN OF MARSHFIELD
OFFICE OF THE TREASURER-COLLECTOR
870 MORAINE STREET
MARSHFIELD MA 02050

FREQUENTLY ASKED COVID-19 QUESTIONS ANSWERED BELOW

Is there someone working today?

The Treasurer-Collector office has been open and responding to residents each day during the crisis and ensuring the Town has the resources it needs to provide safety and services. We will continue this mission.
You may always email questions to pdellorusso@townofmarshfield.org this will get you a response very quickly.

BEST WAYS TO PAY YOUR BILLS:

- Please visit our website and select the "FIND IT FAST" option
- Next select online bill payments and enter your bill information
- If you do not have your bill information, please email pdellorusso@townofmarshfield.org and the Treasurer will make sure you are responded to within 24 hours
- You may also call the main line at 781-834-5548 and someone will return your call within 24 hours as we have limited staff and they will guide you on how to make a payment online.
- You may mail in your payments with the remittance coupon to the lockbox provider.
- You may drop your payment off in the mail drop slot located near the handicap ramp at the front of Town Hall when you walk up from the parking lot. You may call for further instructions.
- You may also mail payments directly to our office at:

  870 Moraine Street, Marshfield MA, 02050 Attn: Collector

REAL ESTATE TAXES:

- The tax deadline for quarter four (4) real estate bills will not be changed from its dead line of May 1st.
- If a resident has been impacted by the COVID-19 virus they may like all other delinquent tax payers set up a re-payment plan with the Tax office.
- All payments must be current by 6-30-20 by vote of the Board of Selectman. Any payment not received by then will be subject to interest.
- If you do not notify the tax office of your inability to pay you will be assessed interest and fees in accordance with the Law.
- There will be no refunds of any interest or demands
  - You must show proof of your COVID-19 impact i.e. unemployment application and acceptance and or termination notice. The Treasurer will examine each request for a hardship arrangement on a case by case basis in accordance with the Board of Selectman Vote.

- The Town will be issuing demand and bills normally and it is the responsibility of the homeowner to show proof of hardship. **Demand bills will be issued 6-1-2020** to all accounts with a balance on record, and Tax liens will follow in line with normal collection action after this date.

UTILTY BILLS:

- The deadlines for the utilities bills are 30 days after issuance
- The Town of Marshfield in line with the Governor's Order will not be terminating utility services until an undetermined time after 6-30-2020.
- All balances must be current by 6-30-2020
- Failure to pay your bill will result in the utility charges being added to your tax bill as a utility lien next year while incurring interest and fees per MGL.
- There will be no refunds of any interest or demands
    - You must show proof of your COVID-19 impact i.e. unemployment application and acceptance and or termination notice. The Treasurer will examine each request for a hardship arrangement on a case by case basis in accordance with the Board of Selectman Vote.
- If you do not notify the tax office of your inability to pay you will be assessed interest and fees in accordance with the Law.
- If a resident has been impacted by the COVID-19 virus they may like all other delinquent tax payers set up a re-payment plan with the Tax office.
- The Town will be issuing demands and bills normally and it is the responsibility of the resident to show proof of a hardship.

EXCISE TAXES:

- Excise taxes will not be sent to collections until 6-30-2020; however interest will accrue on all delinquent balances and unless hardship is show, will not be waived.
- Excise taxes issued after 3-20-20 will not receive demands until 6-30-2020
- Marshfield Excise tax bills for commitment #1 were issued prior to the Declaration of emergency and are not subject to hardship waivers by law.
    - However Marshfield will if a resident is able to show proof of a COVID-19 impact i.e. unemployment application and acceptance and or termination notice. The Treasurer will examine each request for a hardship arrangement on a case by case basis in accordance with the Board of Selectman Vote.

The Treasurer's Office looks forward to remaining open for business and is here to help any resident who needs it and will remain fair and consistent while understanding the unique situations of all.

Please do not hesitate to contact the office for anything and we will get you the answers your looking for!!!1

Patrick D. Dello Russo JR.
Treasurer Collector
Town of Marshfield

Fire Department:

Anyone experiencing symptoms consistent with COVID – 19 such as difficulty breathing or chest pain should call 911 and activate EMS. Other minor symptoms, including a low grade fever, you should call your PCP for recommended treatment. Most cases with minor to moderate symptoms can be safely managed at home without going to the

hospital. AS always, with any other medical emergencies, call 911 and activate EMS right away.

MOST IMPORTANTLY RESIDENTS ARE REMINDED THAT JUST BECAUSE YOU MAY BE EXPERIENCING SYMPTOMS OF COVID-19 VIRUS DOES NOT MEAN THAT YOU NEED TO CALL 911 FOR EMERGENCY ASSISTANCE. EIGHTY PERCENT (80%) OF PERSONS WHO BECOME EXPOSED WILL BE ABLE TO MANAGE THEIR CARE ON THEIR OWN AND BY CONTACTING THEIR MEDICAL PROFESSIONALS.

HERE ARE THE BOARD OF HEALTH'S RECOMMENDATIONS FOR MEDICAL CARE:

Call **911** for **severe** shortness of breath or difficulty breathing. The Massachusetts Department of Health (DPH) says do not wait for the results of a COVI-19 test to call 911.

Call a health care provider for shortness of breath or other serious symptoms. DPH says to continue to self-isolate if symptoms are becoming more severe.

For people with mild symptoms:

Early on, symptoms may feel like a common cold, including a combination of cough, body aches, fatigue, and chest tightness.

People who are not at high risk of severe illness may not need to be evaluated in-person or tested for COVID-19. Not everyone with symptoms or who may have been exposed to COVID-19 will be tested right away.

If you have mild symptoms including a fever, cough, shortness of breath, or suspect that you were exposed but are not able to be immediately tested, please stay home and avoid contact with others. Isolate yourself until:

* You have had no fever for at least 72 hours (that's 3 days of no fever without the use of medicine that reduces fevers)

  AND

* other symptoms have improved (for example, when your cough or shortness of breath have improved)

  AND

* At least 7 days have passed since your symptoms first appeared.

Use over-the-counter medication to treat mild symptoms.

There is currently no specific treatment for COVID-19.

The 911 system is not intended for minor injuries or general medical questions. DPH says those seeking general advice or wishing to be tested for COVID-19 should not call 911.

The Massachusetts Department of Public Health (DPH) announced that Massachusetts 2-1-1., a 24-hour telephone hotline, will now provide real-time COVID-19 information, resources, and referrals in multiple languages. **https://mass211.org/** and **www.Buoy.com/mass** for residents to check their symptoms and connect with the next appropriate health care resource

General Information:

Please remember to wear personal protective gear when out in the public. When you are through with the protective gear, please remember to properly dispose of them.

One final thought or suggestion! You might want to call and check on an elderly neighbor or family member to make sure they are okay. We know these are very difficult times, but remember to cherish each moment spent with loved ones.

If you have any questions, please refer to the town's website at Marshfield-ma.gov.

Very truly yours,
Michael A. Maresco
Town Administrator

P.S. The pinnacle of the steeple on the top of Town Hall will be lit in green to recognize and congratulate the Marshfield High School Class of 2020.