



2020 "Wintermission" For Lifelong Learning



Registration Tuesday, January 7, 2020 from 9:30—10:30 am at the Senior Center
Numbered tickets available at 9:15 am; Registration will be ongoing at the Senior Center after the registration.
Full Payment Due at Time of Registration; Cash or Check Payable to Marshfield COA
Refunds will only be allowed under special circumstances or within 5 days of registration

Beginner Ukulele w/South Shore Conservatory of Music on Thursdays, (6 sessions) January 9, 16, 23, 30, Feb 6 & 13 from 1:00-2:00 pm

All you need is a ukulele! Come to the first class to learn more about getting one. Total beginners are welcome, as are players who already know how to play a bit. We'll learn to strum some simple songs together, and there will be opportunities to sing for those who would like to practice accompanying their voice. We'll also learn a bit about scales, technique, and easy music theory that goes along with playing the ukulele. In just a few weeks, you will be playing with confidence. **Cost \$30 @ Senior Center. Minimum 5 - Limit 20**

Country Line Dancing w/ Maureen Godding on Fridays, (6 sessions) January 10, 17, (NO Classes January 24 & 31) February 7, 14, 21 & 28 from 3:00-4:00 pm

You will love this six week class of "More than just Line Dancing" with lively instructor Maureen Godding. This fun, energetic, social line dance class will have you stomping your feet, clapping your hands, shaking your hips and laughing to music ranging from classics, Motown, Country, Oldies and a little Pop! **Cost \$30 @ Senior Center. Limit: 34**

A Look Back: 75th Anniversary of the end of WWII with Gary Hylander on Wednesdays (6 sessions) January 15, 22, 29, (No classes February 5 & 12) February 19, 26 & March 4 from 1:00 - 2:00 pm

Please join us for a discussion of the "Personalities, Politics and Battles" of the Second World War. Gary Hylander, a professor of History with a PhD in History & American Government from Boston College will lead the discussion. **Cost \$30 @ Senior Center.**

Lyndon Johnson The Congressional Years with John Sullivan on Thursdays (3 sessions) January 16, 23 & 30 from 1:00-2:30 pm

This three week course will examine the Congressional Career of Lyndon Johnson. This period is the crucible which created the political operative that Lyndon Johnson became. **Cost \$15 @ Senior Center.**

Life and Times of Raymond Briggs with Beth Cameron-Kilbridge on Fridays (6 sessions) January 17, 24, 31, February 7, 14 & 21 from 1:00-2:30 pm

Instructor Beth Cameron-Kilbridge, a seasoned educator, has taught numerous writing workshops for seniors and was the subject of a feature article in The Patriot Ledger. Beth has been a Life Long Learning instructor at the Duxbury Senior Center for three years. Her course will be on Raymond Briggs, who is a British illustrator and author who married film animation to graphic novel and created artistic masterpieces. At 86, Raymond continues to write and draw in a world that included war and hard times, success and personal tragedy, and yet still his creations continue to entertain, and bring forth, laughter and tears. During this six week look into his life and times, we will view Father Christmas, The Snowman, The Bear and Ethel and Ernst (a *memoir of his life with his parents*). Each hour and a half class will consist of a film (approx. 30 minutes), followed by informative knowledge of the man and his art. While no text will be assigned, there will be handouts to read from each class. **Cost \$30 @ Senior Center.**

Great Decisions with Rich Hanson on Thursdays (5 sessions) January 30, February 6, 13, 20 & 27 from 10:30 am to 12:00 pm

Discussion leader Rich Hanson is a former teacher, administrator, and author. He will facilitate discussions based on the material from Great Decisions which is America's largest discussion program on world affairs with balanced, non-partisan programs and publications from the Foreign Policy Association. This program will inform, engage, and inspire you. Session one will be an overview. Topics covered over this course: Climate and the Global Order, India and Pakistan, Red Sea Security, Modern Slavery and Human Trafficking. **Cost \$40 (includes required booklet) @ Senior Center. Minimum 5, Limit 20**

Kung Fu for Active Seniors with Sifu Mike Showstack on Mondays (4 sessions) February 3, 10, 24 & March 2 from 11:15 am—12:15 pm

This four week program will include a warm-up period of 15-20 minutes of moderate aerobic exercise as studied in the Shaolin Temple; hand and foot techniques incorporating the motions of the Tiger and Crane; and the study of other animal movements and forms, as the class progresses. This system incorporates the circular motions of the five elements (metal, fire, water, earth and wood) and the movements of the five animals (dragon, snake, tiger, crane and leopard). **Cost \$20 @ Senior Center. Minimum-6.**

Holocaust Lecture Series w/ Ronnie Hirschhorn on Thursdays, (3 sessions) February 20, 27, March 5 from 1:00-2:00 pm

This course will cover The Growth of Anti-Semitism, The Rise of Nazism, & Resistance. The first class will discuss the origins, history, and continuance of anti-Semitism in both the U.S. and the world. The second class will trace the origins, history, and face of Nazism. The third class will present the evidence of a viable and successful resistance movement within the Jewish community emphasizing the role of women. The instructor Ronnie Hirschhorn is a Holocaust Educator and has presented at other COAs. This is sure to be an informative series. **Cost \$20 @ Senior Center.**