

Senior Center Expansion Proposal

We Need Your Support

A community of happy people promotes inter-generational harmony that benefits all residents of the town. The Council on Aging is proposing an expansion to our current facility to accommodate the growing senior population's need and desire for programs and services. This expansion plan will meet senior's needs for the next 20 years.

Projected senior growth over next 15 – 20 years

- Currently the Marshfield senior population is 7,350 of total pop. of 25,836 or 28% (town census)
- 20% of the town population will be in the over 70 age group by 2030 (Umass)
- 36% - 38% or more than one third of Marshfield population will be age 60 or older by 2030 (Umass)
- In 2003 the Center offered 3.9 sq. ft. per senior / by 2030 it will only offer 1.3 – 1.4 sq. ft. per senior, if there is no expansion (Umass)
- Not enough space translates into overcrowding & safety concerns in classrooms, limitations to sign-ups, denial of requests for new classes or added classes, discouragement and less participation and benefits.

Our town needs to continue supporting the Council on Aging's commitment if it wants to provide cutting edge services to meet the changing needs of our community. This will become more relevant as our older population grows and becomes a larger portion of our community. It is also important because many of us are part of multigenerational families who have specific needs for those residents aging in place and want to maintain a sense of purpose and feel confident that they will have access to the following:

Benefits and New Offerings with Expansion

- Daily café area with several choices and on-demand menu items
- Expanded library, the current library is too small to accommodate materials
- Fitness area with cardio exercise equipment
- New dance and fitness studio designed for shock absorption
- New game area with added pool table, current area cannot accommodate demand.
- New media room with high tech equipment and theatre seating
- Secondary art room to accommodate simultaneous art classes
- Secondary health room to accommodate multiple and simultaneous health services and personal care not presently available
- Gym to accommodate growing fitness classes and recreational activities
- Less re-configuring of old spaces, less overcrowding and better safety, rooms designed for specific purposes, less relocation for patrons, less complaints, more offerings, less delay, more flexibility, more opportunities for scheduling that benefits patrons and less wear and tear on facility and furnishings.
- This expansion proposal will help to address the growing senior population through 2030!

How can you help?

- Visit the Senior Center at 230 Webster Street
- Learn more about the Council on Aging at: <https://www.marshfield-ma.gov/council-aging>
- Encourage friends and neighbors to think about the benefit to them and to their family
- Follow us on face book @ Marshfield Senior Center
- Encourage friends and neighbors to think about the benefit to them and to their family
- Attend Town Meeting and Vote at the local election!

Current Programs and Services Offered:

- **Arts & Cultural Activities** - Art of Film, History Talks, Cultural Trips, Music and Art Appreciation & Poetry
- **Dementia Friendly** - Memory Café, Educational Sessions including training & support for caregivers.
- **Education** - Life Long Learning, Technology Fair, Antique Slide Show, Great Decisions & Discussions, Technology, Spanish, French, Nature and Science Classes.
- **Financial Assistance** – AARP Tax Prep, Legal Clinics, Financial Advisor, Insurance and Realtor Assistance & Job Seekers Networking Group
- **Fitness & Exercise** - Weight & Strength, Tai Chi, Zumba, Yoga, Stretch & Flex, Essentrics, & More
- **Instructional Classes**- Pinochle, Intro. to Bridge, Knitting/Crocheting, Various Art Classes & Crafts
- **Health, Wellness & Safety** - Meditation, Health Screening, Direct Health and Personal Care Services, Triad, Lunch and Learn Talks.
- **Nutrition** - Congregate Lunch, Meals on Wheels, Breakfast Club, Bread Program, SNAP Applications, Calories in Calories Out & Refreshments.
- **Recreation**- Cards, Games, Movies, Ted Talks, Line Dancing, Pool Playing, Walking Group, Wood Carving Book Discussion, American Politics Group, and more.
- **Safety & Crime Prevention** - Triad Group, Education, Driver Safety, Emergency Reception and Warming Center
- **Socialization** – Sixty Plus Club, Men’s Group, Women’s Group, Lundin Club, and more
- **Social Services** - Medical insurance counseling (SHINE), Access to Benefit Check-Up Programs, Advocacy, Case Management, Outreach, Information, Referrals and Crisis Intervention.
- **Support Groups** - Parkinson’s, Low Vision & Veteran’s Support Groups
- **Volunteer Service** -COA Boosters, Tax Counselors, Office Help, Meals on Wheels, Lunch Site, Library, Gift shop, Medical Rides & More.....

(“AARP Age Friendly Community” Marshfield is a Member of the AARP Network of Age Friendly States & Communities and has committed to becoming more age friendly under the criteria established by AARP and The World Health Organization)

Estimated Costs and property tax implications

\$41,000,000 General Obligation Bonds Dated March 1, 2020
Police, DPW Barn, COA Addition & Seawall Funding
Assuming a 3.50% Interest Rate

Estimated Tax Impact Based on Various Home Values						
Home Value	Annual Cost	Quarterly Cost	Monthly Cost	Daily Cost		
\$ 350,000	\$ 156.08	\$ 39.02	\$ 13.01	\$ 0.43		
\$ 450,000	\$ 200.68	\$ 50.17	\$ 16.72	\$ 0.55		
\$ 550,000	\$ 245.27	\$ 61.32	\$ 20.44	\$ 0.67		
\$ 650,000	\$ 289.87	\$ 72.47	\$ 24.16	\$ 0.79		
\$ 750,000	\$ 334.46	\$ 83.62	\$ 27.87	\$ 0.92		
\$ 850,000	\$ 379.06	\$ 94.77	\$ 31.59	\$ 1.04		
\$ 950,000	\$ 423.66	\$ 105.92	\$ 35.31	\$ 1.18		